

RECOMMENDATION:

Dosage cup included.

Shake well before each use.

††For best results, use at first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. **Children 1-5 years of age**, take 1 teaspoon (tsp) (5 mL) three times daily. **Children 6-12 years of age**, take 2 teaspoons (10 mL) three times daily. Not formulated for children under 1 year of age. Do not exceed recommended dose. **Caution:** If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Individuals with allergies to plants of the Geraniaceae family should use this product with caution. If irritations persist more than 7 days or worsen, consult a healthcare professional.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG13672.2 BL9262

GLUTEN FREE. No yeast-derived ingredients, wheat, dairy, peanut, or artificial colors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

with
CLINICALLY
PROVEN
South African
Geranium††

Nature's
Way

sambucus®
RELIEF

ELDERBERRY + SOUTH AFRICAN GERANIUM

FEEL BETTER FASTER^{††}

FOR
KIDS
AGES 1+

COUGH SYRUP

South African Geranium to soothe
coughs associated with hoarseness,
dry throat, and irritants*

DIETARY SUPPLEMENT

8 FL OZ (240 mL)

Nature's
Way
sambucus®

OUR STANDARDIZED
ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan



CONTAINS NO:

Gluten, Yeast-derived
Ingredients, Wheat, Dairy,
Peanut, or Artificial Colors

ELDERBERRY
AND MORE!

For centuries the dark berries of
European black elder (*Sambucus
nigra* L.) have been traditionally
used as a winter remedy for
immune support.*

We took our unique elderberry
extract and combined it with
Vitamin C and Zinc to support
healthy immune function.*

A CLINICALLY PROVEN
INGREDIENT

South African Geranium root
extract has been the subject of
over 20 clinical studies in
thousands of adults and
children.

††Reduces the duration and
severity of minor nasal, throat,
and chest irritations and
occasional coughs associated
with hoarseness, dry throat, and
irritants.*

Nature's Way Sambucus® Relief
can help them get back faster
to school and doing the things
they love.



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Supplement Facts

Serving Size	Ages 1-5: 1 teaspoon (tsp) (5 mL) 48		Ages 6-12: 2 teaspoons (tsp) (10 mL) 24	
Servings per Container				
Amount per Serving	Ages 1-3 % DV†	Ages 4-5 % DV†	Ages 6-12 % DV†	
Calories	15	15	25	
Total Carbohydrate	3 g 2%†	3 g 1%†	7 g 3%†	
Total Sugars	2 g **	2 g **	5 g **	
Includes Added Sugars	2 g 8%†	2 g 4%†	5 g 10%†	
Vitamin C (ascorbic acid)	30 mg 200%	30 mg 33%	60 mg 67%	
Zinc (as zinc gluconate)	1.1 mg 37%	1.1 mg 10%	2.2 mg 20%	
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry standardized to antho- cyanins from 1,600 mg of premium cultivar elderberries per teaspoon	25 mg **	25 mg **	50 mg **	
South African Geranium (<i>Pearlgeranium sidioides</i>) (root) Extract (EPs 7630®)	6.7 mg **	6.7 mg **	13.4 mg **	

†Percent Daily Values (DV) are based on a 2,000 calorie diet. †Percent Daily Values are based on a 1,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)

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