RECOMMENDATION:

Dosage cup included.

Shake well before each use.

\$\psi\$ For best results, use at first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. Children 1-5 years of age, take 1 teaspoon (tsp) (5 mL) three times daily. Children 6-12 years of age, take 2 teaspoons (10 mL) three times daily. Not formulated for children under 1 year of age. Do not exceed recommended dose.

Caution: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Individuals with allergies to plants of the Geraniaceae family should use this product with caution. If irritations persist more than 7 days or worsen, consult a healthcare professional.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, peanut, dairy, or artificial colors.

♦ LH13672.01 BLQ9262

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Supplement Facts

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Serving Size 1 teaspoon 2 teaspoons (tsp) (5 mL) (tsp) (10 mL) Servings per Container

Amount per Serving	Ages 1-3 % DV‡		Ages 4-5 % DV [†]		Ages 6-12 % DV [†]	
Calories	15		15		25	
Total Carbohydrate	3 g	2%‡	3 g	1%†	7 g	3%†
Total Sugars	2 g	**	2 g	**	5 g	**
Includes Added Sugars	2 g	8%‡	2 g	4%†	5 g	10%†
Vitamin C (ascorbic acid)	30 mg	200%	30 mg	33%	60 mg	67%
Zinc (as zinc gluconate)	1.1 mg	37%	1.1 mg	10%	2.2 mg	20%
Black Elder (Sambucus nigra L.) Extract (berry) standardized to antho- cyanins from 1,600 mg of premium cultivar elderberries per teaspoon	25 mg	**	25 mg	**	50 mg	**
South African Geranium (Pelargonium sidoides) (root) Extract (EPs 7630®)	6.7 mg	**	6.7 mg	**	13.4 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. ‡Percent Daily Values are based on a 1,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)