



Amount per Serving		% DV†
Selenium (as sodium selenite)	100 mcg	182%
Copper (as copper gluconate)	2 mg	222%
Manganese (as manganese aspartate)	7 mg	304%
Molybdenum (as sodium molybdate)	50 mcg	111%
Sodium	5 mg	<1%
Betaine HCl	20 mg	**
Silicon (as silicon dioxide)	5 mg	**
Boron (as boron aspartate, rice protein, citric acid complex)	3 mg	**
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	45 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, magnesium stearate, hypromellose, glycerin

Contains soy.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

No yeast-derived ingredients, wheat, dairy, or artificial colors.

*Krebs cycle intermediates in this blend include citric acid, fumaric acid, malic acid, succinic acid, and alpha-ketoglutaric acid.

©2023 Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



◆ LE07712.F02 BLK771F



Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OsteoPrime® PLUS Calcium & Magnesium

Formulated by
Alan Gaby, M.D.

Bone Health/Density*

120 TABLETS • DIETARY SUPPLEMENT

Recommendation: Adults take 4 tablets daily with food. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 Tablets / Servings per Container 30

Amount per Serving		% DV†
Calories	10	
Total Carbohydrate	2 g	1%†
Vitamin C (ascorbic acid)	120 mg	133%
Vitamin D3 (as cholecalciferol)	20 mcg	100%
Vitamin K1 (as phytonadione)	300 mcg	250%
Thiamin (as thiamin HCl)	20 mg	1,667%
Riboflavin (as vitamin B2, riboflavin-5'-phosphate)	20 mg	1,538%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	20 mg	1,176%
Folate	800 mcg DFE	200%
(420 mcg Folic Acid) (104 mcg Quatrefolic® brand (6S)-5-methyl-tetrahydrofolate glucosamine salt)		
Vitamin B12 (as cyanocobalamin, methylcobalamin)	50 mcg	2,083%
Pantothenic Acid (as calcium D-pantothenate)	20 mg	400%
Calcium (as calcium carbonate, tribasic calcium phosphate, calcium lactate, calcium Krebs cycle complex†, calcium citrate)	800 mg	62%
Phosphorus (as tribasic calcium phosphate)	128 mg	10%
Magnesium (as magnesium oxide, aspartate)	300 mg	71%
Zinc (as zinc picolinate)	20 mg	182%