



Liquid Iron

OPTIMIZE LEVELS

Iron 18 mg per serving

Gentle to Your System

High Bioavailability



Berry Flavored
Sugar Free

32
SERVINGS

JUST 1 Tbsp DAILY

16 FL OZ (1 PT) (480 mL) • Dietary Supplement

Supplement Facts

Serving Size 1 Tablespoon (Tbsp) (1/2 fl. oz. / 15 mL)
Servings per Container 32

Amount per Serving		% DV†
Calories	10	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%†
Sugar Alcohol	2 g	**
Iron (as ferric glycinate)	18 mg	100%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, sorbitol, erythritol, natural flavors, malic acid, xanthan gum, potassium benzoate (preservative to maintain freshness), stevia (leaf) extract, disodium EDTA

©2022 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



RECOMMENDATION: Shake well before each use. Adults take 1 tablespoon (Tbsp) (½ fluid ounce/15 mL) daily either directly or mixed into water or juice. Do not exceed recommended dose. To optimize Iron absorption, take this product at least 2 hours before or after taking calcium or dairy products.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

➤ FAST ABSORBING LIQUID

helps you restore energy reserves and reduce signs of fatigue.*‡

➤ HIGHLY BIOAVAILABLE with a

glycinate form of iron that is gentle to your system.*

➤ GREAT-TASTING liquid provides

100% of your daily value.

➤ LIQUID FORMULA is easier than

swallowing tablets.

‡For those deficient in iron. Less than 5% of US adults have iron-deficient anemia.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ST 923 BL08811A
L18T1923.005