High Potency Omega-3

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving		% Daily Value
Calories	10	
Total Fat	1 g	1%†
Total Omega-3s	882 mg	*
EPA (Eicosapentaenoic Acid) Omega-3	700 mg	*
DHA (Docosahexaenoic Acid) Omega-3	100 mg	*
Other Omega-3s	82 mg	*
Palmitic Acid Monoethanolamide	25 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Fish Body Oil, Gelatin, Glycerin, Silicon Dioxide, Caramel Color, Mixed Tocopherols.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Pollack, Sardine, Smelt, Salmon, Tuna, Whiting, Cod or a Combination Thereof).

⚠ **WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea.

No Artificial Flavors.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

Staminol®

Supplement Facts

Serving Size One Capsule

Amount Per Serving		% Daily Value
Calcium	38 mg	3%
Proprietary Blend L-Arginine, Epimedium (*Epimedium spp.*) (Whole Plant) Extract, Maca (*Lepidium meyenii*) Root Powder	100 mg	*
Oat Straw (*Avena sativa*) Stems Powder	75 mg	*
GABA (gamma-Aminobutyric Acid)	50 mg	*
Yohimbe (*Pausinystalia johimbe*) Bark Extract	30 mg	*
Horny Goat Weed (*Epimedium sagittatum*) (Aerial Parts) Powder	10 mg	*
Muira Puama (*Ptychopetalum olacoides*) Root Powder	5 mg	*
Damiana (*Turnera diffusa*) Leaf Powder	5 mg	*
Saw Palmetto (*Serenoa repens*) Berries Powder	5 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Gelatin, Water, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide, Sodium Lauryl Sulfate.

CONTAINS: Wheat.

WARNING: Use only as directed. Do not exceed recommended daily intake.

Capsimax® trademark belongs to OmniActive Health Technologies.

CurcuWIN® trademark belongs to OmniActive Health Technologies.

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

GNC
MEGA MEN®

Energy & Metabolism

Achieve your daily nutritional goals with customized ingredients plus a multivitamin with more than 30 clinically studied ingredients.

- **Men's Health**
  Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin.^
- **Antioxidants**
  Packed with antioxidants to help fight free radicals that can be produced during intense exercise.*
- **Energy & Metabolism**
  Features a clinically studied thermogenic proven to boost energy and enhance calorie burning. Also provides nutrients to support physical endurance and energy production.*
- **Heart Health**
  Has EPA, which is important for cardiovascular and circulatory health and supports cholesterol and triglyceride levels that are already within the normal range.*
- **Sexual Health**
  Includes herbs that are traditionally used to support sexual health and L-arginine, which plays a key role in sexual health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

MEGA MEN®

Energy & Metabolism

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN BLEND^

• Antioxidants • Energy & Metabolism*
• Heart Health* • Sexual Health*

CLINICALLY STUDIED^

30 PACKS
30-DAY SUPPLY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Energy

CODE 219912

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food. Do not take prior to bedtime.

Each pack contains:

Mega Men® Energy & Metabolism Multivitamin

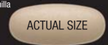
Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol)	40 mcg	200%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg	134%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	200 mg	15%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Cupric Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Energy & Metabolism Blend Caffeine Anhydrous, Green Tea (*Camellia sinensis*) Leaf Extract, Eleuthero (*Eleutherococcus senticosus*) Root Powder, Capsicum (*Capsicum annum*) Fruit Extract, Black Pepper (*Piper nigrum*) Fruit Extract (Standardized to Piperine)	**150 mg**	*
Super Antioxidant Blend alpha-Lipoic Acid	**28.96 mg** 25 mg	*
Lutein (from *Tagetes erecta* Flower Extract as Lutemax® 2020)	2 mg	*
Lycopene	1 mg	*
Turmeric (*Curcuma longa*) Root Extract (as CurcuWIN®)(20% Curcuminoids = 100 mcg)	500 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from *Haematococcus pluvialis*)	50 mcg	*
beta-Cryptoxanthin	10 mcg	*
Inositol	10 mg	*
Silicon Dioxide	4 mg	*
Boron (as Sodium Borate)	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Stearic Acid Vegetable Source, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Stevia Leaf Extract, Caramel Color, Polyethylene Glycol, Talc, Titanium Dioxide (Mineral Whitener).



CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains 100 mg of caffeine.

Energy & Metabolism Generator

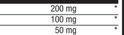
Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value
Niacin 20 mg	125%
Caffeine Anhydrous 200 mg	*
Garcinia cambogia Fruit Extract 100 mg	*
Green Tea (*Camellia sinensis*) Leaf Extract 50 mg	*
Green Coffee (*Coffea spp.*) Bean Extract 50 mg	*
Capsicum (*Capsicum annum*) Fruit Extract (as Capsimax®) 33.4 mg	*
Lychee (*Litchi chinensis*) Fruit Extract 25 mg	*
Black Pepper (*Piper nigrum*) Fruit Extract (50% Piperine = 5 mg) 10 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Sugar, Hydroxypropylcellulose, Calcium Silicate, Magnesium Stearate Vegetable Source, Talc, Silica, Chlorophyllin (Color).



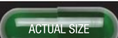
Contains 200 mg of caffeine.

Carnitine

Supplement Facts

Serving Size One Capsule

Amount Per Serving	
L-Carnitine (as L-Carnitine L-Tartrate)	500 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Stearic Acid Vegetable Source, Talc, Magnesium Stearate Vegetable Source, Silica.