

PROD. NO. 190

RADIANCE®

B-Complex & B-12

**Supports Energy
Metabolism
and Nervous
System Health****

Dietary
Supplement

90 TABLETS

USP

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride and Brewer's Yeast)	7 mg 467%
Riboflavin (Vitamin B-2) (as Riboflavin and Brewer's Yeast)	14 mg 824%
Niacin (as Niacin and Brewer's Yeast)	4.5 mg 23%
Vitamin B-12 (as Cyanocobalamin and Brewer's Yeast)	25 mcg 417%
Protease (as Papain Powder)	10 mg *

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Vegetable Stearic Acid, Croscarmellose, Silica, Mannitol, Vegetable Magnesium Stearate.

Contains wheat ingredients.

ACTUAL
SIZE

These tablets provide an excellent source of B-Complex vitamins to help safeguard a sufficient daily intake. The B-complex is essential for the maintenance of healthy nervous tissue. The B vitamins play a role in energy metabolism in the body.****

Directions: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

www.RadianceVitamins.com

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