

Suggested Use: As a dietary supplement, take 1 serving (2 Gummies) daily or as directed by your healthcare professional. Do not exceed more than 8 gummies within a 24-hour period.

Warning: Discontinue use and consult a medical doctor immediately if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, or diagnosed with or have a family history of any medical condition, or if you are using any prescription or over-the-counter drug(s), including blood thinner. Consult a medical doctor before starting any diet or exercise program. Improper use of this product will not improve results and is not advised. Use only as directed.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Contains no gluten (wheat), milk, eggs, peanuts or soy. The facility that manufactures this product also produces product that contains soy.

KEEP OUT OF REACH OF CHILDREN.

STORE AT ROOM TEMPERATURE.

DO NOT USE IF SEAL UNDER CLOSURE IS BROKEN.

^These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PREMIUM IRON GUMMIES



**PLUS ESSENTIAL VITAMINS
AND ZINC**

100 GRAPE GUMMIES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 gummies

Servings Per Container: 50

	Amount Per Serving	%Daily Value Adults & Children 4 yrs or more**
Calories	15	
Sodium	3 mg	<1%
Total Carbohydrates	4 g	1%
Sugar	3 g	
Includes 3 g Added Sugar		6%

Active Ingredients

Vitamin A (100% as Beta Carotene)	90 mcg RAE	10%
Vitamin C (as Ascorbic Acid)	76 mg	80%
Iron (as Ferrous Fumarate)	10 mg	60%
Vitamin B3 (as Niacin)	10 mg NE	60%
Vitamin B6 (Pyridoxine HCL)	1.8 mg	110%
Folic Acid	417 mcg DFE(250mcg Folic Acid)	100%
Vitamin B12 (as Cyanocobalamin)	1 mcg	40%
Biotin	10 mcg	30%
Vitamin B5 (as Pantothenic Acid)	2.2 mg	40%
Zinc (as Zinc Oxide)	0.84 mg	8%

*Daily Value (%DV) Not Established

**Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Cane Sugar, Glucose Syrup (Corn Syrup), Water, Citrus Pectin, Citric Acid, Sodium Citrate, Adipic Acid, Natural Grape Flavor, Anthocyanins from Black Carrot, Black Carrot Extract, and Maltodextrin.

Manufactured for: LifeCentric Health
19220 Inlet Cove Ct. | Lutz, FL 33558