

Suggested Use: 2 gummies daily or as directed by a healthcare professional.

Caution: Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers, children under 18 or individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured for:
LifeCentric Health
19220 Inlet Cove Ct.
Lutz, FL 33558



**CHERRY
FLAVOR**



HAIR, SKIN & NAILS GUMMIES



SUPPORTS:
**LONG HAIR* • STRONG NAILS*
BEAUTIFUL SKIN***

100 GUMMIES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 gummies

Servings Per Container: 50

Amount Per Serving		%Daily Value†
Calories	15	
Total Carbohydrate	4g	1%
Total Sugars	3g	**
Includes 3g Added Sugar		6%
Vitamin A (as retinyl acetate)	1200mcg	133%
Vitamin C (as ascorbic acid)	60mg	67%
Vitamin D (as cholecalciferol)	10mcg	50%
Vitamin E (as dl-Alpha tocopheryl acetate)	18mg	120%
Vitamin B-6 (as pyridoxine HCl)	2mg	118%
Folate	670mcg DFE (400mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	8mcg	333%
Biotin	5000mcg	16,667%
Pantothenic Acid (as calcium d-pantothenate)	10mg	200%
Iodine (as potassium iodide)	80mcg	53%
Zinc (as zinc citrate)	5mg	45%

†Percent Daily Value based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Malt syrup, sugar, glucose, pectin, citric acid, sodium citrate, natural flavors, coconut oil (contains carnauba wax), and black carrot juice concentrate.

ALLERGEN WARNING: CONTAINS TREE NUTS (COCONUT).