

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably with a meal or as directed by a healthcare practitioner.

## Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Iron	27 mg	150%
(from Koji Fermented Iron, Ultimine™)		

DV = Daily Value

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Organic Rice Hulls, Organic Rice Extract Blend.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color.**

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solgar's KOF-K certification #K-1250

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— EARTH SOURCE® —

## KOJI FERMENTED Iron

Clinically studied food-based  
source of Iron

Gentle on the stomach  
and easy to absorb\*

Contains Ultimine™, a patent  
pending slow-release form of iron

Supports red blood cell production  
and helps deliver oxygen to cells\*

Supports energy utilization\*

Carefully Manufactured by:  
Solgar, Inc.  
500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.  
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— EARTH SOURCE® —

## KOJI FERMENTED Iron

— 27 MG —

Clinically Studied Food-based Source of Iron  
Easy to Absorb\*  
Gentle on Your Stomach\*



GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS • Non-GMO

30 VEGETABLE CAPSULES

DIETARY SUPPLEMENT



“Koji” is the Japanese term for “cultured grain.” Fermentation is a natural process that preserves and enriches food. For over 2,000 years, the koji fermentation method has been used in Japan for making vinegar, miso and soy sauce.

Solgar® Earth Source Koji Fermented Iron starts by growing the koji culture on cooked rice. As the koji matures and ferments, it's enriched with iron. Then, it's harvested and processed into powdered Koji Iron. This form of iron is clinically studied to be released more slowly giving you a steadier absorption rate when compared to more common sources of iron.

