

SUGGESTED USE: As a dietary supplement for adults, take one (1) capsule twice daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Thiamin (Vitamin B-1) (from organic quinoa sprouts)	0.9 mg	75%
Riboflavin (Vitamin B-2) (from organic quinoa sprouts)	0.97 mg	75%
Niacin (from organic quinoa sprouts)	12 mg	75%
Vitamin B-6 (from organic quinoa sprouts)	1.27 mg	75%
Folate (from organic quinoa sprouts) (150 mcg folic acid)	250 mcg DFE	63%
Vitamin B-12 (from organic quinoa sprouts)	1.8 mcg	75%
Biotin (from organic quinoa sprouts)	22.5 mcg	75%
Pantothenic Acid (from organic quinoa sprouts)	3.75 mg	75%
Rhodioliife® Standardized Rhodiola Extract (<i>Rhodiola rosea</i>) (root) Standardized to contain 3% rosavins, 6 mg and 1% salidroside, 2 mg	200 mg	**

**Daily Value (DV) not established.

Ingredients: **Organic PANMOL® B-COMPLEX** from Quinoa Sprouts (Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Riboflavin-5-Phosphate, Thiamin Hydrochloride, Folate, Biotin, Cyanocobalamin), **Rhodioliife® Standardized Rhodiola Extract**, Vegetable Cellulose, Microcrystalline Cellulose, Organic Rice Hulls, Organic Rice Extract Blend.



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GET AHEAD OF STRESS WITH SOLGAR® DAILY STRESS SUPPORT

Builds your body's
resistance to stress*

Helps support stress-related
mental fatigue*

Supports your ability
to stay calm*

For occasional stress*

100% drug-free
Non-habit forming

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color.

WARNING: If you are pregnant, nursing, taking any medications, have any medical condition, or are planning to undergo any clinical lab testing, consult your healthcare practitioner before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your healthcare practitioner. Not intended for use by persons under the age of 18.

Carefully Manufactured by:
Solgar, Inc.
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— RHODIOLA & B-COMPLEX —

Daily Stress Support

Supports your ability to deal with
mental & physical stress*



GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS • NON-GMO

30 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Solgar® Daily Stress Support contains a carefully selected blend of ingredients that supports your ability to deal with both mental & physical stress.*

Rhodioliife® *Rhodiola rosea* Extract (from the pristine Siberian Altai region) is an adaptogen- an herb that supports the body's ability to deal with stress.*

PANMOL® B-COMPLEX is a food-based, biologically-active B-vitamin complex that's produced from quinoa sprouts and promotes nervous system health.*

PANMOL® is a registered trademark of vis vitalis gmbh

Rhodioliife® is a registered trademark of Nektium Pharma SL

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

