SUGGESTED USE: As a dietary supplement for adults, take one (1) capsule twice daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Amount Per Serving		%D\
Thiamin (Vitamin B-1) (from organic quinoa sprouts)	0.9 mg	75%
Riboflavin (Vitamin B-2) (from organic quinoa sprouts)	0.97 mg	75%
Niacin (from organic quinoa sprouts)	12 mg	75%
Vitamin B-6 (from organic quinoa sprouts)	1.27 mg	75%
Folate (from organic quinoa sprouts) (150	250 mcg DFE mcg folic acid)	63%
Vitamin B-12 (from organic quinoa sprouts)	1.8 mcg	75%
Biotin (from organic quinoa sprouts)	22.5 mcg	75%
Pantothenic Acid (from organic quinoa sprouts)	3.75 mg	75%
Rhodiolife®	200 mg	
Standardized Rhodiola Extract (Rhodiola rosea) (root) Standardized to contain 3% rosavi 6 mg and 1% salidrosides, 2 mg		

Ingredients: Organic PANMOL® B-COMPLEX from Quinoa Sprouts (Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Riboflavin-5-Phosphate, Thiamin Hydrochloride, Folate, Biotin. Cyanocobalamin). Rhodiolife® Standardized Rhodiola Extract Vegetable Cellulose, Microcrystalline Cellulose, Organic Rice Hulls, Organic Rice Extract Blend.

**Daily Value (DV) not established.



GET AHEAD OF STRESS WITH SOLGAR® DAILY STRESS SUPPORT

> Builds your body's resistance to stress*

Helps support stress-related mental fatigue*

> Supports your ability to stay calm*

For occasional stress*

100% drug-free Non-habit forming

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color,

WARNING: If you are pregnant, nursing, taking any medications, have any medical condition, or are planning to undergo any clinical lab testing, consult your healthcare practitioner before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your healthcare practitioner. Not intended for use by persons under the age of 18.

Carefully Manufactured by: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

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RHODIOLA & B-COMPLEX -

Daily Stress Support

Supports your ability to deal with mental & physical stress*



GLUTEN, WHEAT & DAIRY FREE SUITABLE FOR VEGANS . NON-GMO

> **60 VEGETABLE CAPSULES** DIETARY SUPPLEMENT

Solgar® Daily Stress Support contains a carefully selected blend of ingredients that supports your ability to deal with both mental & physical stress.*

Rhodiolife® Rhodiola rosea Extract (from the pristine Siberian Altai region) is an adaptogen- an herb that supports the body's ability to deal with stress.*

PANMOL® B-COMPLEX is a food-based. biologically-active B-vitamin complex that's

produced from quinoa sprouts and promotes nervous system health.*

PANMOL® is a registered trademark of vis vitalis ambh

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or

prevent any disease.

