

**PRODUCT INFORMATION:**

(One tablet typically provides:

		%NRV**
Vitamin C	1000mg	1250
Citrus bioflavonoid complex (min. 35% bioflavonoids)	500mg	

\*\*NRV – Nutrient Reference Value

**INGREDIENTS:** Ascorbic acid (vitamin C), citrus bioflavonoid complex, bulking agent: microcrystalline cellulose, anti-caking agent: magnesium stearate, coating: hydroxypropyl methylcellulose (glycerine).

**WARNING:** If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product. More than 1000mg of vitamin C may cause mild upset in people with sensitive stomachs.

No artificial colours, flavours or preservatives.  
No yeast, added sugar or salt.

**STORAGE:** Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

# HIGHER NATURE®

## EVERYDAY ESSENTIALS

### SUPER C PLUS

Vitamin C  
& bioflavonoids



90 tablets  
vegetarian and vegan

**SUPER C PLUS  
FOOD SUPPLEMENT - 90 TABLETS**

- ✓ High in vitamin C
- ✓ Vitamin C contributes to the normal function of the immune system\*
- ✓ Vitamin C contributes to normal collagen formation for the normal function of teeth, gums, skin and bones
- ✓ Vitamin C and bioflavonoids work in partnership

**DIRECTIONS:** Adults take 1-3 tablets a day with meals, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

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