

#### PRODUCT INFORMATION:

One softgel capsule typically provides:

|                             |        |
|-----------------------------|--------|
| Eicosapentaenoic acid (EPA) | 500mg  |
| Docosahexaenoic acid (DHA)  | 250mg  |
| Total fish oil              | 1000mg |

Pure, FOS certified fish oil from sustainable wild anchovies. Our oil is tested to ensure we deliver the highest quality and purity.

**INGREDIENTS:** Omega 3 fish oil (*engraulus ringens*), capsule shell: gelatine (bovine), glycerine. Allergy advice: see ingredients in **bold**

No artificial colours, flavours or preservatives.  
No yeast, added sugar or salt.

**STORAGE:** Store in a cool, dry place out of reach of children.

# HIGHER NATURE®

EVERYDAY ESSENTIALS

## SUPER POTENCY FISH OIL

High strength  
EPA & DHA



90 capsules

#### SUPER POTENCY FISH OIL FOOD SUPPLEMENT - 90 CAPSULES

- ✓ One a day capsule
- ✓ Sustainability and purity guaranteed
- ✓ Made using ultra-purity molecular distillation

**DIRECTIONS:** Adults and children 12 years and over, take 1 capsule a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**WARNING:** If taking any medication or have a medical condition, please consult your healthcare professional before using this product.

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This product has not been tested on animals.