

PRODUCT INFORMATION:

Four tablets typically provide:

Vitamin E (74.5iu)	50mg α-TE	%NRV*
Red yeast rice (providing 2.96mg monacolins)	118mg	417
Policosanol	40mg	
Plant sterols (providing beta sitosterol, campesterol, stigmasterol, beta sitostanol, campestanol, brassicasterol)	1000mg	
Cinnamon bark extract 30:1	34mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Bulking agents: microcrystalline cellulose, maltodextrin; plant sterols, red yeast rice (*Monascus purpureus*) powder, emulsifier: sodium carboxymethyl cellulose, anti-caking agent: magnesium stearate, d-alpha tocopheryl acid succinate (vitamin E), policosanol (from sugar cane), anti-caking agent: silicon dioxide, coating: hydroxypropyl methylcellulose (glycerine), cinnamon (*Cinnamomum cassia*) bark extract.

WARNING: Do not take if you are pregnant, breastfeeding, if you are taking cholesterol-lowering medication or other products containing red yeast rice. If you are taking any medication or have a medical condition, please consult your healthcare professional before using this product. Seek advice from a doctor on consumption of this product if you experience any health problems.

Not suitable for children below 5 years old and adults above 70 years old.

May cause a temporary and harmless red colouring of the stool.

No artificial colours, flavours or preservatives.

No added sugar or salt.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

RED STEROL COMPLEX

For normal
cholesterol balance



90 tablets
vegetarian and vegan

RED STEROL COMPLEX**FOOD SUPPLEMENT WITH PHYTOSTEROLS - 90 TABLETS**

- ✓ A daily intake of at least 0.8g of plant sterols contributes to the maintenance of normal blood cholesterol levels
- ✓ Contains fermented red yeast rice
- ✓ With policosanol from naturally occurring plant waxes

DIRECTIONS: Adults take 2 tablets twice a day after meals for 12 weeks, thereafter 1 tablet twice a day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. The total dietary intake (from foods and supplements) of phytosterols should not exceed 3g a day and intake of monacolins from red yeast rice should be less than 3mg a day.

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