

PRODUCT INFORMATION:

1/2 teaspoon typically provides:

Methyl sulphonyl methane (MSM)

1200mg

INGREDIENTS: Methyl sulphonyl methane (contains naturally occurring **sulphur dioxide** and **sulphites**).

Allergy advice: see ingredients in **bold**

No artificial colours, flavours or preservatives.

No yeast, added sugar or salt.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product. Initially may cause laxative effect. This is normal, drink water and reduce intake if symptoms persist.

HIGHER NATURE®

BODY HEALTH

MSM POWDER

Dietary sulphur



200g powder
vegetarian and vegan

MSM POWDER FOOD SUPPLEMENT - 200g

- ✓ Easy to drink powder
- ✓ MSM is dietary sulphur, which is needed for collagen and keratin production
- ✓ Key component of cartilage

DIRECTIONS: Adults take 1/2-2 1/2 tsp (1.2-6g) in water with meals throughout the day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool dry place out of reach of children.

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This product has not been tested on animals.