

PRODUCT INFORMATION:

One tablet typically provides:

Methyl sulphonyl methane (MSM) 1000mg

INGREDIENTS: Methyl sulphonyl methane, lithothamnium calcareum, bulking agent: microcrystalline cellulose, anti-caking agents: silicon dioxide, magnesium stearate; coating: hydroxypropyl methylcellulose (glycerine).

No artificial colours, flavours or preservatives.

No yeast, added sugar or salt.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product. Initially may cause laxative effect. This is normal, drink water and reduce intake if symptoms persist.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

MSM

Dietary sulphur



90 tablets
vegetarian and vegan

MSM**FOOD SUPPLEMENT - 90 TABLETS**

- ✓ Dietary sulphur, needed for collagen and keratin production
- ✓ MSM is a component of cartilage

DIRECTIONS: Adults take 1-6 tablets a day with meals building gradually. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.

Higher Nature Ltd (UK), 10 Discovery Way,
Horam, East Sussex TN21 0GE, UK
Higher Nature Ltd (EU), Block 1,
Blanchardstown Corporate Park,
Ballycoolen Road, Dublin D15 AKK1, Ireland
highernature.com



MSM090 117

MSM-055-05