

PRODUCT INFORMATION:

Four capsules typically provide:

		%NRV*
Vitamin E (30iu)	20mg α-TE	167
Thiamin (vitamin B1)	4.4mg	400
Vitamin B6	10mg	714
Folic acid	200µg	100
Vitamin B12	400µg	16,000
Trimethylglycine	1200mg	
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Betaine anhydrous, L-arginine HCl, capsule: hydroxypropyl methylcellulose, L-carnitine L-tartrate, bulking agent: microcrystalline cellulose, bromelain, methylcobalamin (vitamin B12), co-enzyme Q10, d-alpha tocopheryl succinate (vitamin E), anti-caking agent: silicon dioxide, anti-caking agent: magnesium stearate, pyridoxine HCl (vitamin B6), thiamine HCl (vitamin B1), pteroylmonoglutamic acid (folic acid).

No artificial colours, flavours or preservatives.

No yeast, added sugar or salt.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

CARDIO HEART NUTRIENTS

With B vitamins,
CoQ10 & vitamin E



120 capsules
vegetarian and vegan

CARDIO HEART NUTRIENTS**FOOD SUPPLEMENT - 120 CAPSULES**

- ✓ Thiamin contributes to the normal function of the heart
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation
- ✓ Vitamin E contributes to the protection of cells from oxidative stress

DIRECTIONS: Adults take 2 capsules twice a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Do not take if pregnant or breastfeeding. If taking any medication or have a medical condition, including herpes simplex (cold sores), please consult your healthcare professional before using this product.

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