

PRODUCT INFORMATION:

Five capsules typically provide:

		%NRV*
Alka Clear powder	3490mg	
providing:		
Potassium	791mg	40
(as bicarbonate 2025mg)		
Sodium	369.5mg	
(as bicarbonate 1350mg)		

*NRV = Nutrient Reference Value

INGREDIENTS: Potassium bicarbonate, sodium bicarbonate, capsule: hydroxypropyl methylcellulose, magnesium carbonate, anti-caking agents: magnesium stearate, silicon dioxide.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition (including high blood pressure, fluid retention or a kidney disorder), please consult your healthcare professional before using this product.

No artificial colours, flavours or preservatives.

No yeast, added sugar or salt.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

ALKA CLEAR

Natural alkalinity



180 capsules
vegetarian and vegan

ALKA CLEAR

FOOD SUPPLEMENT - 180 CAPSULES

DIRECTIONS: Adults take 5-6 capsules with a glass of water first thing in the morning ideally, or between meals. Do not take more than 24 capsules a day. Do not exceed recommended daily intake. Avoid eating within half an hour of taking. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

TO CHECK YOUR PH:

- Use test papers provided, every other day
- Test your evening urine
- Compare the colour against the chart inside the cover of test strip book
- Normal evening urine pH is between 7.5-8.0

STORAGE: Store in a cool, dry place out of reach of children.

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