

PROD. NO. 1149

RADIANCE
Select

B-100

Complex with Folic Acid

Essential For Well-being*

**Dietary
Supplement**

**50
VEGETARIAN CAPSULES**



B16318

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Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Inositol	100 mg	**
Choline (as Choline Bitartrate)	20 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate. May contain Vegetable Glycerin.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

The B-Complex is made up of several vitamins that work well together to support nervous system health.* B-Complex vitamins also promote energy metabolism.* Each nutrient in the B-Complex performs a unique role in maintaining proper metabolic functioning and is essential for well-being.*

Directions: For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

B-100 Complex with Folic Acid is vegetarian friendly.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ACTUAL SIZE

www.RadianceVitamins.com

Carefully Manufactured by Radiance
Ronkonkoma, NY 11779 U.S.A.

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