

# A DIETARY SUPPLEMENT

COMPREHENSIVE MINERALS is a scientifically designed supplement, containing nutritionally significant amounts of all essential macrominerals and trace minerals in their physiologically active forms. This supplement is free of corn, soy, yeast, wheat and other common allergens.

# D I R E C T I O N S

Take three capsules daily, or as directed by a physician.



6 96859 13073 1



Manufactured Exclusively For:  
CARDIOVASCULAR RESEARCH LTD.  
1061-B SHARY CIRCLE  
CONCORD, CA 94518



# COMPREHENSIVE MINERALS

## Dietary Supplement

### 90 CAPSULES

Supplement Facts		
Serving Size: 3 Capsules		
Servings Per Container: 30		
	Amount Per Serving	% Daily*
Vitamin D3 (as cholecalciferol)	20 mcg	100%
Vitamin B12 (as cobalamin)	21 mcg	875%
Vitamin K2 (menaquinone-7/mk-7)	90 mcg	75%
Calcium (as carbonate, citrate, sulfate)	272 mg	20%
Iron (as iron aspartate, ferric ammonium citrate) (Ferrochel® Ferrous Bisglycinate Chelate TRAACS®)	3 mg	15%
Magnesium (as oxide, carbonate and citrate)	250 mg	60%
Zinc (as citrate)	15 mg	135%
Selenium (as sodium selenite)	100 mcg	180%
Copper (as sulfate)	1.5 mg	170%
Manganese (as citrate and picolinate)	5 mg	220%
Chromium (as amino acid chelate)	150 mcg	430%
Molybdenum (as glycinate)	50 mcg	110%
Potassium (as carbonate and citrate)	50 mg	<2%
Sulphur (as calcium sulfate and copper sulfate)	7 mg	**
Boron (as citrate)	3 mg	**

\*Percent Daily Values are Based on a 2,000 Calorie Diet.  
\*\*Daily Value Not Established

Ferrochel® is a registered trademark of Albion Laboratories Inc.  
Other Ingredients: Gelatin, Cellulose, Silicon Dioxide.  
Gluten free, Casein free