

Dr. Colbert's Keto Zone Shake was created for the ketogenic dieter or anyone looking for an easy, nutritious alternative to their daily calorie intake. Keto Zone Shake's healthy blend of keto fats, protein and carbs provide all the necessary nutrients of a keto-friendly snack or shake on the go.

Whether you are living in the Keto Zone or just need a nutritional option, the Keto Zone Shake provides an immediate source of fats and protein needed to sustain and satisfy your appetite throughout the day. This can be taken along with Keto Zone Instant Ketones, Fat-Zyme and Hydrolyzed Collagen Powder.

SERVING INSTRUCTIONS: As a shake, add one (1) scoop (50 g) into an 8-10 oz beverage of your choice. Stir or shake until the desired consistency is achieved or as directed by a qualified healthcare practitioner.

RECOMMENDED DOSE: ONCE DAILY.

CAUTION: If you have any questions about consuming this shake, consult with your healthcare practitioner before using. If you use prescription drugs or over the counter medications, and are unaware of your current medical condition or have a pre-existing medical condition(s), consult with your healthcare professional before using. Not recommended for use by Type 1 diabetics. Consult with your healthcare professional before using.

KEEP OUT OF THE REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE & KEEP IN A DRY
PLACE OUT OF DIRECT SUNLIGHT



KETO ZONE SHAKE

250
CALORIES
PER SCOOP

74% FATS*
15% PROTEIN*
11% NET CARBS*

*Macronutrient percentage
of the total calories

RICH CHOCOLATE FLAVOR

NET WT. 1.5lbs (700g)

14 SERVINGS

3 ways to use:

1 Water

Add one scoop
with 8 to 10 oz of
chilled water



2 Smoothie

Add water, ice and
blend with your
favorite smoothie



3 Coffee

Add to 8 to 10 oz of
fresh brewed coffee



Supplement Facts

Serving Size: 1 Scoops (50 Grams)
Servings Per Container: 14

	Amount Per Serving	%DV*
Calories	250	
Calories from Fat	180	
Total Fat	20 g	32%*
Saturated Fat	18 g	90%*
Trans Fat	0 g	0%*
Cholesterol	5 mg	2%*
Sodium	105 mg	4%*
Total Carbohydrates	15 g	5%*
Dietary Fiber	8 g	32%*
Sugar (naturally occurring)	1 g	†
Protein	9 g	18%*
Vitamin D	0 mcg	0%*
Calcium	44 mg	4.4%*
Iron	0 mg	0%*
Potassium	48 mg	1.4%*

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

† Percent Daily Values (DVs) not established.

Other Ingredients: MCT (Medium Chain Triglycerides) Oil & Avocado Oil Powder (blend), BPH & BSH free Hydrolyzed Whey Protein Isolate, Sweet Potato Powder, Broccoli Powder, Inulin FOS Powder (Chicory Root), Natural Cocoa, Natural Chocolate Flavor & Stevia