SUGGESTED USE Consume one or two capsules early in your day or as recommended by a health care professional. As with any weight-loss support product, this formula is most effective when used in conjunction with a sensible program of diet and exercise, along with a high potency. comprehensive multi-vitamin-mineral supplement such as one of ANDREW LESSMAN'S Life Rx™ formulas. For answers to questions about the use of this product call 800,800,1200.

CAUTION This product contains herbs that deliver a small amount of naturally occurring caffeine-related alkaloids (the equivalent of less than a half-cup of coffee per capsule). Not recommended for those individuals with high blood pressure, unless you are accustomed to caffeine or it is approved by your physician. Do not use this product if you are pregnant or lactating.



OUESTIONS? RE-ORDERS? CALL 800.800.1200 · www.PRoCAPSLABS.com



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Henderson, NV 89011

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SUGGESTED USE Consume one or two capsules in the evening shortly before going to bed or as recommended by a health care professional. As with any weight-loss product, this formula is most effective when used in conjunction with a sensible program of diet and exercise, along with a high potency. comprehensive multi-vitamin-mineral supplement such as one of ANDREW LESSMAN'S Life Rx™

CAUTION Because this product will have a mild relaxing effect, it is best to consume before going to sleep and never consume before driving or operating machinery. Do not use this product if you are pregnant or lactating.

formulas. For answers to questions about the use

of this product call 800,800,1200.

UNSURPASSED. Purity. Quality. Integrity. Effectiveness. Andrew Lessman Founder of PROCAPS LABS

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11.15.08 PC

ACTIVATOR

MORNING METABOLIC SUPPORT CELLULAR ACTIVATORS • LIPOTROPIC FACTORS



180 Easy-to-Swallow Capsules

Andrew Lessman's A.M. ACTIVATOR is designed as a safe and healthy means of maintaining energy levels while stimulating and supporting fat burning metabolism without the potentially dangerous Ephedrine-containing herb, Ma Huang, AM Activator contains thermogenic herbs and natural cellular activators to jump-start your metabolism and facilitate your fat-loss goals. It contains standardized extracts with a history of traditional use in many cultures for

promoting energy and a sense of well-being. To **Supplement Facts** further support your weight-loss goals by fighting Amount Per Serving fatigue and providing calming benefits, we include Vitamin C (as calcium ascorbate) standardized extracts of Panax (Asian) Ginseng. Vitamin B1 (as thiamin hydrochloride) Eleutherococcus (Eleuthero), Ashwagandha Vitamin B2 (as riboflavin) and Rhodiola - adaptogenic herbs with a Niacin (as niacinamide/chromium nicotinate) Vitamin B6 (as pyridoxine hydrochloride) history of traditional use going back thousands of years. In addition, AM Activator supplies Vitamin B12 (as cyanocobalamin) Chromium and Vanadium to support healthy Pantothenic Acid (as calcium pantothenate) carbohydrate metabolism and the B-Complex Magnesium (as magnesium oxide) vitamins to maintain energy production and fat Chromium (as chromium nicotinate) metabolism. Finally, we add Carnitine, along with Vanadium (as vanadyl sulfate) its precursors. Vitamin C and Lysine, to support Boron (as boron aspartate) the efficient transport and burning of body fat. The investment and sacrifice we make when dieting Guarana, extract (seed) 22% caffeine alkaloids and exercising deserve the best results and the Green Tea, extract (leaf) 40% polyphenols unique combination of ingredients in AM Activator Eleuthero, extract (root) 0.8% eleutherosides is designed to safely and gently jump-start fat and Asian Ginseng, extract (root) 20% ginsenosides Ashwagandha, extract (root) energy metabolism.

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

RELAXATION

EVENING METABOLIC SUPPORT

P.M.

RELAXING & LIPOTROPIC FACTORS



180 Easy-to-Swallow Capsules

Andrew Lessman's P.M. RELAXATION is designed

to help you sustain the benefits from a day of successful activity and weight-loss efforts by delivering the fat-burning factors to support fat metabolism throughout the night while also supporting a great night's sleep. A great night's sleep is vital to your starting the following day inspired and energetic about your weight-loss efforts and goals, so we include standardized extracts from nature's soothing and relaxing botanicals, including Valerian Root, Passionflower, Chamomile and Hops. These natural botanical extracts will help you wind down so you can experience a great night's sleep and a great start tomorrow. Rhodiola acts as an adaptogen to provide calming benefits and promote feelings of well-being. We also include Melatonin, which supports your body's natural sleep mechanisms by helping your body relax and prepare for sleep, which is often difficult when dieting and exercising In addition, we include 5-HTP, for its support of serotonin production, which is associated with sound sleep, positive mood and appetite control. P.M. Relaxation also supplies a comprehensive blend of non-stimulant nutrients related to or essential for fat-burning metabolism. including Carnitine and its precursors, Lysine and Vitamin C. Just because you are going to sleep does not mean that the fat-burning benefits from a hard day's work end. P.M. Relaxation offers a unique blend of ingredients to assure that today's efforts are well rewarded and tomorrow's well prepared for.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergen, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

1.5% withanolides and 1.0% alkaloids

Rhodiola rosea, extract (root) 3% rosavins

Other Ingredients: Gelatin capsule.

*Percent Daily Values (%DV). † Daily Value not established.

-Lysine Hydrochloride

-Camitine Fumarate

Serving Size 1 Capsule Servings Per Container 180 Amount Per Serving Vitamin C (as calcium ascorbate) 60 mg 100% Pantothenic Acid 20 mg 200% (as calcium pantothenate) Calcium (as calcium carbonate/ 40 mg 4% ascorbate/pantothenate) 5% Magnesium (as magnesium oxide) 20 mg Chromium (as chromium nicotinate) 50 mcg 42% Vanadium (as vanadyl sulfate) 50 mcg Boron (as boron aspartate) 50 mcg L-Lysine Hydrochloride 100 mg L-Carnitine Fumarate 100 mg Griffonia simplicifolia, extract (seed) 40 mg standardized to 18% 5-HTP Valerian, extract (root) 40 mg standardized to 0.8% valerenic acids Chamomile, extract (flower) 20 mg standardized to 1% apigenin Passionflower, extract (flower) 20 mg standardized to 3.5% vitexin 20 mg Hops, extract (flower) standardized to 5% alpha bitter acids Rhodiola rosea, extract (root) 20 mg standardized to 3% rosavins

Servings Per Container 180

60 mg 100%

5 mg 333%

5 mg 294%

5 mg 25%

5 mg 250%

50 mcg

20 mg 200%

20 mg 5%

50 mcg

50 mcg

100 mg

100 mg

150 mg

50 mg

20 mg

20 mg

20 mg

20 mg

NO ADDITIVES.

100 mcg 1667%

42% 50 mcg

Melatonin

† Daily Value not established. Other Ingredients: Gelatin capsule.

Percent Daily Values (%DV) are based on a 2,000 calorie diet. NO ADDITIVES.

250 mcg