

Super Vitamin B Complex

An advanced and complete B-vitamin supplement, with all eleven B-vitamins, including the co-enzyme forms of vitamins B2 and B6, and extra pantothenic acid.

Suggested Use

As a dietary supplement, 1 or 2 capsules two times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Developed by Stephen A. Levine, Ph.D.



Formulated exclusively for
Allergy Research Group®
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Super Vitamin B

Non Yeast or Corn Derived



dietary supplement
HYPOALLERGENIC
120 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value*
Thiamine (as Thiamine Hydrochloride)	50 mg	4167 %
Riboflavin (as Riboflavin 5-Phosphate)	50 mg	3846 %
Niacin (as Niacinamide)	150 mg NE	938 %
Vitamin B6 (97% as Pyridoxine Hydrochloride and 3% as Pyridoxal-5-Phosphate)	103 mg	6059 %
Folic (as 400 mcgDFE of Folic Acid)	667 mcg DFE	167 %
Vitamin B12 (as Cyanocobalamin)	200 mcg	8333 %
Biotin	200 mcg	667 %
Pantothenic Acid (as Calcium Pantothenate)	250 mg	5000 %
Choline Bitartrate	250 mg	†
Inositol	100 mg	†
PABA (Para-Aminobenzoic Acid)	100 mg	†

† Daily Value not established * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.