

Flashes No More®

Flashes No More® contains four unique ingredients which play various roles in easing the typical discomforts that can accompany menopause.*

Suggested Use

As a dietary supplement, adult females take 1 capsule two times daily, or as directed by a healthcare professional.

Warning: Not for use by pregnant or lactating women.

Store in cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

EstroG-100® is a registered trademark of Naturalendo Tech Co., Ltd.

LIFENOL® is a trademark of Naturex SA.



Formulated exclusively for
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Allergy Research Group®

Flashes No More® Menopausal Support*



dietary supplement
HYPOALLERGENIC
60 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value**	
Magnesium (as Magnesium Succinate)	20 mg	5%
EstroG-100® (as <i>Phlomis umbrosa</i> Extract, <i>Cynanchum wilfordii</i> Extract, <i>Angelica gigas</i> Nakai Extract)	257 mg	†
Succinic Acid (as Magnesium Succinate)	110 mg	†
Grape Seed Extract (83% Oligomeric Proanthocyanidins)	50 mg	†
Female Hops Cone Extract (Lifenol®)	42.5 mg	†

† Daily Value not established

*Percent Daily value based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine, silicon dioxide.

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