

Directions: Take two (2) Maxicaps™ up to three times daily, or as directed.

If pregnant or nursing, consult your healthcare practitioner before using any dietary supplement.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease."

VEGETARIAN
CERTIFIED KOSHER
DOCTOR FORMULATED



Manufactured in USA for:

MaxiHealth®
True to total wellness™

800-544-MAXI (6294)
BROOKLYN, N.Y.

www.maxihealth.com

Questions? info@maxihealth.com



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Capsules

MAX RELAX™

— DIETARY SUPPLEMENT —



Fast Acting

60 Maxicaps

Calm down and rest up

MaxiHealth®
True to total wellness™



Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving	%DV**
Thiamin (Vitamin B-1) (as thiamine HCl)	5 mg 417%
Niacin (Vitamin B-3) (as niacinamide)	250 mg 1563%
Vitamin B-6 (as pyridoxine HCl)	5 mg 294%
Pantothenic acid (as d-calcium pantothenate)	5 mg 100%
Choline (as bitartrate)	100 mg 18%
Calcium (as calcium lactate anhydrous)	10 mg <2%
Magnesium (as magnesium oxide)	40 mg 10%
Chamomile powder (<i>Matricaria chamomilla</i>) (flowers)	50 mg *
Inositol	250 mg *
L-Theanine (from <i>Camellia sinensis</i> leaves) (L-TeaActive™)	50 mg *
Passion flower powder (<i>Passiflora incarnata</i>) (flower & leaf)	100 mg *
Taurine	250 mg *
Valerian root powder (<i>Valeriana officinalis</i>)	100 mg *

*Daily Value not established.

**Daily Values based on a 2,000 calorie per day diet.

Other Ingredients:

Vegetable cellulose, magnesium stearate, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica), and microcrystalline cellulose.

This product contains **NO** animal products, soy, gluten, wheat, salt, sugar, milk, yeast, artificial preservatives, flavors or colorings.

Store tightly closed in a cool, dry place.

Keep out of reach of children.

This product was
manufactured
in a GMP
Certified facility.



Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

Serenity & Relaxation®

