

8 HOUR SLEEP™

As we age, stress, unhealthy diets, inactivity and infrequent sun exposure can interrupt sleep cycles*.

With 8 Hour Sleep™, you can fall asleep fast and stay asleep all night -- naturally*.

SUGGESTED USE:

Take 1-2 capsules 30 min before bedtime or as directed by a healthcare professional.

STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured in the USA
Exclusively For:

NFI Consumer Products
501 Fifth Street • Bristol, TN 37620



8HR SLEEP™

DIETARY SUPPLEMENT

WITH
MELATONIN

5HTP
AND MORE

60
CAPSULES

WARNING: Pregnant or nursing mothers and individuals with a known medical condition should consult with a physician before using this or any dietary supplement. Do not use if safety seal is damaged or missing.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving %Daily Value		
Vitamin B6 (as Pyridoxine HCl)	1.8 mg	106%
Magnesium (as Magnesium Citrate)	13 mg	3%
Bedtime Blend	905 mg	†
L-Tryptophan, Goji Berry (<i>Lycium barbarum</i>) (Berry), Chamomile (<i>Matricaria chamomilla</i>) (Flower), Lemon Balm (<i>Melissa officinalis</i>) (Aerial Parts), Passion Flower (<i>Passiflora incarnata</i>) (Flower), L-Taurine, Hops (<i>Humulus lupulus</i>) (Flower), St. John's Wort (<i>Hypericum perforatum</i>) (Aerial), GABA (Gamma Aminobutyric Acid), Skullcap (<i>Scutellaria baicalensis</i>) (Root), L-Theanine, Ashwagandha (<i>Withania somnifera</i>) (Root), Inositol, 5-HTP (<i>Griffonia simplicifolia</i>) (Seed)		
Melatonin	10 mg	†

† Daily Value not established.

Other Ingredients: Vegetable Capsule, Magnesium Stearate, Silicon Dioxide.