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21ST
CENTURY.
**ONE
DAILY**

NON-GMO
GLUTEN FREE

Women's

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

COMPARE VS. ONE A DAY® WOMEN'S†

100 TABLETS

**NO
ARTIFICIAL
SWEETENERS,
COLORS OR
FLAVORS**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate and 10% as Beta-Carotene)	700 mcg 78%	Biotin (as d-Biotin)	30 mcg 100%
Vitamin C (as Ascorbic Acid)	84 mg 93%	Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%
Vitamin D ₃ (as Cholecalciferol)	25 mcg 125% (1,000 IU)	Calcium (as Calcium Carbonate)	400 mg 31%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	7.5 mg 50%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin K (as Phytonadione)	25 mcg 21%	Iodine (as Potassium Iodide)	150 mcg 100%
Thiamin (as Thiamin Mononitrate, B-1)	1.2 mg 100%	Zinc (as Zinc Oxide)	8 mg 73%
Riboflavin (Vitamin B-2)	1.3 mg 100%	Selenium (as Sodium Selenate)	27.5 mcg 50%
Niacin (as Niacinamide)	16 mg 100%	Copper (as Copper Sulfate)	0.9 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	1.7 mg 100%	Manganese (as Manganese Sulfate)	1.8 mg 78%
Folate	665 mcg DFE 166% (400 mcg Folic Acid)	Chromium (as Chromium Chloride)	25 mcg 71%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%		

Other Ingredients: Gum Acacia, Cellulose, Starch. Contains <2% of: Croscarmellose Sodium, Dicalcium Phosphate, Gelatin, Magnesium Silicate, Magnesium Stearate, Polyethylene Glycol, Polysorbate, Polyvinyl Alcohol, Silicon Dioxide, Stearic Acid.

†This product is not manufactured or distributed by Bayer Health Care, LLC, owner of the registered trademark One A Day®.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Artificial Sweeteners, Colors or Flavors.

Gluten Free.



WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

**PROUDLY MANUFACTURED BY
21ST CENTURY HEALTHCARE, INC.**
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GUARANTEED QUALITY | LABORATORY TESTED

**TRUSTED
QUALITY
FOR OVER
30 YEARS**