

USAGE: Take 1 tablet 1 to 2 times per day, preferably on an empty stomach with fruit juice or as directed by your qualified healthcare professional.

NOTE: Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests.

NAC Sustain® is in a special Sustain™ bilayer Quick Release/ Sustained Release format of **N-Acetyl-L-Cysteine (NAC)**, a powerful antioxidant amino acid and a precursor to the critical antioxidant glutathione.* Glutathione exerts a variety of protective effects, including detoxification and intracellular defense against oxidative stress.* Substances known to reduce glutathione status are acetaminophen and alcohol.*

The advanced bilayer Sustain™ tablets combine 1/3 Quick Release and 2/3 Sustained Release formats to both immediately raise and to maintain blood levels over a longer period of time.* NAC Sustain® releases in the small intestine over a 8 hour period, compared to the 1.5 hour biological half-life of NAC in the bloodstream.* Protected by U.S. Patent # 6,623,754.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**PATENTED
FORMULA!**

Bilayer Tablets
Quick + Sustained Releases

N-A-C N-Acetyl-L-Cysteine
Sustain®

Antioxidant and Glutathione Precursor*
Supports Liver and Lung Function*

600
MILLIGRAMS

100
TABLETS

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1 Tablet

Servings Per Container 100

	Amount Per Serving	% DV
N-Acetyl-L-Cysteine	600 mg	*

* Daily Value not established.

Other Ingredients: Carbomer, calcium phosphate, cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide, beet root powder (for color) and an aqueous-based coating.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Bilayer

**SUSTAINED
QUICK**

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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www.Jarrow.com

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PROD # 107001



Lot #. Best Used Before:

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