

DIRECTIONS: Take three to six capsules once per day, or take three capsules 30 to 60 minutes before each of your two biggest meals, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication, especially hypoglycemic agents, should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

OptiFiber® Lean features Shimizu Propol® A propolmannan—a highly pure, natural soluble fiber. Propol A is created from *Amorphophallus konjac*-derived glucomannan using proprietary processing techniques. This fiber has been studied for its viscosity and for its stability through the digestive tract; and studies support its health effects, such as on satiety, weight control, glucose and lipid metabolism, and bowel regularity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Propol® is a registered trademark of Shimizu Chemical Corporation.



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REV. 041122



OptiFiber® Lean

100% Natural and Soluble Propolmannan Fiber

ePV:

180 Vegetarian Capsules | Dietary Supplement



EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Dietary Fiber (from propolmannan)(<i>Amorphophallus konjac</i>)(tuber) ^{S1}	3 g	11%†

†Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Ascorbyl palmitate, capsule (hypromellose and water), microcrystalline cellulose, and silica.

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