

**DIRECTIONS:** FOR ADULTS, TAKE ONE (1) TABLET UP TO TWO TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Selenium (as Selenium Yeast)	100 mcg	143%

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Brewer's Yeast. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Contains wheat ingredients.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Fish, Sodium Free.**

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur.

**Sundown**  
*Naturals*<sup>®</sup>

HIGH SELENIUM YEAST

# Selenium

## 100 MCG

**Supports Prostate &  
Immune System Health\***



**VEGETARIAN FORMULA**

**100 TABLETS**

**MINERAL SUPPLEMENT**

**Smart  
Facts**

Selenium is an essential trace mineral that supports the immune system.\* Some scientific evidence suggests that consumption of Selenium may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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