

DIRECTIONS: Take one quick-dissolve tablet 15 to 60 minutes before bedtime as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Melatonin is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities. Melatonin can be taken as a supplement to support these functions by promoting normal levels of melatonin in the body.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



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Melatonin

Support for Healthy Sleep Patterns*

ePV:

 PEPPERMINT FLAVOR

120 Quick-Dissolve Tablets | Dietary Supplement



EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet
Servings Per Container: 120

	Amount Per Serving	%Daily Value
Melatonin	3 mg	**

** Daily Value not established.

Other Ingredients: Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.

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