

**DIRECTIONS:** Take one quick-dissolve tablet 15 to 60 minutes before bedtime as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

**Melatonin** is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities. Melatonin can be taken as a supplement to support these functions by promoting normal levels of melatonin in the body.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



200003499  
© 2015 XYMOGEN  
REV. 070715



# Melatonin

*Support for Healthy Sleep Patterns\**

ePV:

 PEPPERMINT FLAVOR

**60** Quick-Dissolve | Dietary  
Tablets | Supplement



**EXCLUSIVE PROFESSIONAL FORMULAS**

## Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Melatonin	3 mg	**

\*\* Daily Value not established.

**Other Ingredients:** Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.

XYMOGEN®  
Exclusive Professional Formulas  
6900 Kingspointe Pkwy.  
Orlando, FL 32819  
www.xymogen.com 800-647-6100



Scan To  
Learn More!

This package is completely recyclable 