

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

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Purity. Quality. Integrity. Effectiveness.



QUESTIONS? RE-ORDERS?
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COMPLETE TOCOTRIENOLS with GAMMA VITAMIN E™

COMPREHENSIVE • BALANCED
 NATURAL VITAMIN E COMPLEX



240 Easy-to-Swallow Capsules

Andrew Lessman's COMPLETE TOCOTRIENOLS is the most comprehensive Vitamin E formula possible delivering the full complement of all eight naturally occurring forms of Vitamin E – both the well-known Tocopherols and the hard-to-find Tocotrienols. Our **Complete Tocotrienols** is a naturally balanced formula containing high levels of Vitamin E as Alpha, Beta, Gamma and Delta **Tocotrienol**; as well as Alpha, Beta, Gamma and Delta **Tocopherol**. Our **Complete Tocotrienols** is uniquely balanced to focus on Gamma Tocotrienol and Gamma Tocopherol – by far the most active and protective forms of Vitamin E. Unfortunately, most Tocopherol-based Vitamin E supplements ignore Mother Nature's blueprint by delivering Alpha Tocopherol only (often synthetic) and absolutely no Gamma Tocopherol or Tocotrienol at all. Even more advanced Tocotrienol supplements reduce their efficacy and benefits with high levels of Alpha Tocopherol. Sadly, most Americans unknowingly use ineffective Vitamin E supplements that ignore the research and bear no resemblance to the Vitamin E found in nature. Our **Complete Tocotrienols** is both perfectly comprehensive and ideally balanced focusing on Mother Nature's most beneficial and protective forms of Vitamin E that are sadly, absent from typical Vitamin E supplements. It is difficult to achieve an adequate intake of Vitamin E from foods, but it is even more difficult to find a Vitamin E supplement like our **Complete Tocotrienols** that respects your needs and Mother Nature's clear blueprint.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 240

Amount Per Serving		%DV*
Natural Vitamin E Complex	210 mg	
Total Natural Tocotrienols	70 mg	
as Natural Gamma Tocotrienol	35 mg	
as Natural Alpha Tocotrienol	25 mg	
as Natural Delta/Beta Tocotrienol	10 mg	
Total Natural Tocopherols	140 mg	
as Natural Gamma Tocopherol	100 mg	
as Natural Alpha Tocopherol	34 mg	50 IU 170%
as Natural Delta/Beta Tocopherol	6 mg	
alpha-Linolenic Acid (Omega-3)(from flaxseed oil)	70 mg	†

* %DV are based on a 2,000 calorie diet.

† DV not established.

Other ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).