

DIRECTIONS: Take one to two capsules daily, or as directed by your healthcare professional.

Consult your healthcare professional before use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

Ashwagandha 35 features Shoden®, a purified extract of the leaves and roots of the ashwagandha plant that has been standardized to an industry-leading concentration of 35% withanolide glycosides. Shoden has been researched for its effects in helping the body adapt to physical and mental stressors and supporting the restoration of sleep quality.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.

S1. Shoden® is a registered trademark of Arjuna Natural Pvt. Ltd.



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Ashwagandha 35

*Supports Healthy Stress Response and Sleep Quality**

ePV:

60 Vegetarian Capsules | **Dietary Supplement**



EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

		Amount Per Serving	%Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>)(roots and leaves) (35% withanolide glycosides) ^{**}		240 mg	**
		** Daily Value not established.	

Other Ingredients: Dicalcium phosphate, capsule (hypromellose and water), ascorbyl palmitate, and silica.

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Exclusive Professional Formulas
6900 Kingspointe Pkwy.
Orlando, FL 32819
www.xymogen.com
800-647-6100



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