

**DIRECTIONS:** Take one cherry-flavored tablet daily, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

**5-MTHF Plus B12** features Quatrefolic® and methylcobalamin in great-tasting, quick-dissolve tablet form. Quatrefolic is the glucosamine salt of 5-MTHF—the most biologically active form of folate that increases plasma folate more effectively than folic acid\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



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## 5-MTHF Plus B12

*Biologically Active Folate and B12*

ePV:



**60** Quick-Dissolve Tablets | Dietary Supplement



**EXCLUSIVE PROFESSIONAL FORMULAS**

## Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet  
Servings Per Container: 60

|  | Amount Per Serving | %Daily Value |
|--|--------------------|--------------|
| Folate<br>(as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup> | 1,700 mcg DFE      | 425%         |
| Vitamin B12 (as methylcobalamin)   | 2,500 mcg          | 104,167%     |

**Other Ingredients:** Xylitol, ascorbyl palmitate, silica, and natural cherry flavor.

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 **Quatrefolic**<sup>®</sup>  
S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

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