

NIGHT SHRED™

NIGHTTIME FAT BURNER

Maximize the quantity and quality of your sleep while priming your body to accelerate the fat-burning process with Night Shred™. Taking 2 capsules before bed will invoke a sense of relaxation and improve the onset of REM sleep faster, allowing you to wake up refreshed and energized. Night Shred™ supports high-quality sleep with the combination of magnesium, ashwagandha, melatonin, GABA and several other natural ingredients while simultaneously maximizing fat-burning with CLA, L-carnitine and grains of paradise.†

FAT
BURNING†



RESTFUL
SLEEP†



POWERFUL
THERMOGENIC†



DIRECTIONS: As a dietary supplement take two (2) capsules 30 minutes before bed, with or without food. **DO NOT EXCEED RECOMMENDED DOSAGE.**

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

INNOSUPPS



NIGHT SHRED™

NIGHTTIME FAT BURNER†

FAT BURNER†

POWERFUL THERMOGENIC†

SLEEP AID†

APPETITE SUPPORT†

DIETARY SUPPLEMENT | 30 SERVINGS | 60 CAPSULES

Supplement Facts

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Magnesium (as Magnesium Oxide)	200 mg	48%
Nighttime Recovery Complex: †	510 mg	**
GABA (gamma-Aminobutyric acid), Chamomile (<i>Matricaria recutita</i>) Flower Powder, Passionflower (<i>Passiflora incarnata</i>) Herb Powder, Valerian (<i>Valeriana officinalis</i>) Root Powder		
Natural Adaptogen Compound: †	200 mg	**
Ashwagandha (<i>Withania somnifera</i>) Root Extract (KSM-66®) (Organic)		
PM Fat-Burning Complex: †	81 mg	**
Grains of Paradise (<i>Aframomum melegueta</i>) Seed (12.5% 6-Paradol) Extract (Paradoxine®) 30 mg, CLA (as Conjugated Linoleic Acid complex) (goFAT®), L-Carnitine Tartrate		
Mood Enhancement Complex: †	35.5 mg	**
5-HTP (5-Hydroxytryptophan), L-Tryptophan		
Melatonin	3 mg	**

*Percent Daily Value based on a 2,000 calorie diet.

**%Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in the USA with ingredients of international and domestic origin. Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish and Fish.