

mindbodygreen

metabolism+

- + promotes fat metabolism†
- + helps burn calories†
- + reduces visceral fat†
- + helps control appetite†
- + promotes healthy body composition†

dietary supplement

60 capsules

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Green tea leaf extract (<i>Camellia sinensis</i>) (standardized to 45% EGCG (270 mg))	600 mg	*
Veld grape stem and leaf extract (<i>Cissus quadrangularis</i>) (as CQR-300®)	300 mg	*
Plant-origin caffeine (from green tea leaf extract, <i>Camellia sinensis</i>)	150 mg	*
Cayenne pepper fruit extract (<i>Capsicum annuum</i>) (4% capsaicinoids) (as Capsimax®)	50 mg	*
Grains of paradise seed extract (<i>Aframomum melegueta</i>) (as ThermoGP™)	40 mg	*

*Daily Value (DV) not established

Other ingredients: Hypromellose, microcrystalline cellulose, L-leucine, silicon dioxide.

Manufactured for: mindbodygreen, Miami, FL 33133. 1-877-MBG-WELL

Cissus quadrangularis CQR300® is a registered trademark of Gateway Health Alliances, Inc. US Patent 8,318,213

Capsimax® is a trademark of OmniActive Health Technologies Ltd.

ThermoGP™ is a trademark of NutriScience Innovations, LLC