



Supplement Facts

Serving Size 1 Scoop (19.8g) / 2 Scoops (39.6g)

Servings Per Container 40/20

Amount Per Serving	1 Scoop	%DV	2 Scoops	%DV
Calories	5		10	
Total Carbohydrate	1g	<1%*	2g	1%*
Choline (from Choline Bitartrate)	320mg	60%	640mg	120%
Sodium	310mg	13%	610mg	27%
Potassium	100mg	2%	200mg	4%
RYSE® PUMP FUEL	5.5g	**	11g	**
L-Citrulline	4.5g	**	9g	**
Citrulline Nitrate (as NO3-T®)	1g	**	2g	**
Beta Alanine	3.2g	**	6.4g	**
Betaine Anhydrous	2.5g	**	5g	**
Creatine Monohydrate	2.5g	**	5g	**
Choline Bitartrate	800mg	**	1.6g	**
Pink Himalayan Sea Salt	250mg	**	500mg	**
Caffeine Anhydrous	175mg	**	350mg	**
Hydrolyzed Casein Tripeptides (as VasoDrive-AP®)	150mg	**	300mg	**
Theobromine	100mg	**	200mg	**
zūmXR® Extended Release Caffeine	25mg	**	50mg	**
Vincamine (as Thinkamine™)	10mg	**	20mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.