





24% \*Percent Daily Values are based on a 2,000 calorie diet.







Manufactured in USA from imported materials.

Keep in a cool, dry place.

2064R03 01

9400 Jeronimo Road Irvine, CA 92618 USA

1.800.272.6663

WITH A WHOLF FOOD BLEND AND

22 VITAMINS & MINERALS SUPPORTS OVERALL WELLNESS

Daily Multivitamin & Mineral

DIETARY SUPPLEMENT

30 servings

**BeWell** 

100 mg

## MIND, BODY, SKIN,

192%. Magnesium (as magnesium hydroxide 125% and magnesium carbonate)

DIRECTIONS: Add 1 scoop to 8 fl. oz. of a cold or room temperature liquid. Take with food. Do not exceed the recommended daily intake of 1 scoop per day.

## **Supplement Facts**

2.5 mg

Serving Size 1 scoop (3 g)

riboflavin-5-phosphate, sodium)

These statements have not been evaluated by the Food

and Drug Administration. This product is not intended

to diagnose, treat, cure or prevent any disease

ľ	Servings Per Container 30								
i		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value	Amo	unt Per Serving	% Daily Value
ı	Calories	5		Vitamin B6 (as pyridoxine hydrochloride)	7.5 mg	441%	Zinc (as zinc methionine sulfate and zinc sulfate	) 10 mg	919
ı	Total Carbohydrate	19		Folate (5-methyltetrahydrofolic acid,			Selenium (as L-selenomethionine)	52.5 mcg	959
i	Vitamin A (as beta carotene)	2400 mcg	267%	calcium salt and folic acid)	400 mcg DFE	100%	Copper (as copper gluconate)	0.75 mg	835
î	Vitamin C (as ascorbic acid)	120 mg	133%		(240 mcg folic acid)		Manganese (as manganese sulfate)	1.5 mg	659
í	Vitamin D (as cholecalciferol)	20 mcg		Vitamin B12 (as methylcobalamin and cya		1667%	Chromium (as chromium picolinate)	5 mcg	145
ì	Vitamin E (as d-alpha tocopherol)	13.4 mg			150 mcg	500%	Molybdenum (as sodium molybdate)	15 mcg	339
ı	Thiamin (as thiamin hydrochloride)	2.5 mg	208%			400%	Sodium (as sea salt)	10 mg	< 75
1	Riboflavin (as riboflavin and			Calcium (as calcium carbonate)	500 mg	38%	Potassium (as dipotassium phosphate)	50 ma	19

OTHER INGREDIENTS: calcified seaweed (Lithothamnion Spp.). rice flour, rice hulls, quinoa (Chenopodium quinoa) sprout. acerola (Malpighia glabra) fruit, lue | gum arabic, dicalcium phosphate, modified tapiora starch, tapiora dextrin, sodium ascorbate. microcrystalline cellulose, lichen (Cladonia rangiferina) extract. natural flavor

> Made in a facility that processes wheat, crustaceans, shellfish, eggs, fish soybeans milk and tree nuts





m