

PRODUCT #11880

DIRECTIONS: As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.

Do not use if outer seal is broken or missing.

CAUTION: KEEP OUT OF REACH OF CHILDREN. If you have a medical condition, are planning any medical procedure, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinson's or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Consumer Information Services
Voice Mail: 800-845-2730

Certified Kosher. 

Made in a GMP facility that processes egg, fish, milk, peanut, sesame, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MH MICHAEL'S® HEALTH
NATUROPATHIC PROGRAMS
SINCE 1984

Sleep Factors™❖

Melatonin
5-HTP
Calcium
And More...

Dietary Supplement
30 Vegan Capsules



Supplement Facts

10 servings per container

Serving Size Three (3) Veggie Caps

Amount Per Serving	% Daily Value	
Calcium (as Calcium Citrate)	200 mg	15%
Magnesium (as Magnesium Citrate)	200 mg	48%
5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed)	100 mg	*
GABA (Gamma Amino Butyric Acid)	50 mg	*
Melatonin	10 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Microcrystalline Cellulose, and Leucine.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD
SAN ANTONIO, TEXAS 78233
www.michaelshealth.com

