

PRODUCT #05015

DIRECTIONS: As a dietary supplement, take before bedtime with juice or food. Adults—three (3) wafers; Teens – two (2) wafers; Pre-Teens – one (1) wafer. Dosage may be increased as directed by a healthcare practitioner.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: KEEP OUT OF REACH OF CHILDREN. Not to be taken by pregnant or lactating women.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher. 

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CHROMEMATE® OptiZinc®

***Albion® and TRAACS® are registered trademarks of Albion Laboratories, Inc.

****ConcenTrace® is a trademark of Trace Minerals Research.

Made in a GMP facility that processes egg, fish, milk, peanut, sesame, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

MH MICHAEL'S® HEALTH
NATUROPATHIC PROGRAMS
SINCE 1984

Chewable Minerals

Calcium
Magnesium
Alfalfa
And More...

Natural fruit punch flavor

Mineral Supplement
90 Chewable Vegan Wafers



Supplement Facts

30 servings per container

Serving Size

Three (3) Chewable Wafers

Amount Per Serving	% Daily Value	
Calcium (as Calcium Carbonate and Calcium Citrate)	300 mg	23%
Iodine (from Kelp)	30 mcg	20%
Magnesium (as Magnesium Oxide and Magnesium Amino Acid Chelate)	300 mg	71%
Zinc (as Zinc Monomethionine **)	3 mg	27%
Selenium (as L-Selenomethionine)	3 mcg	5%
Manganese (as TRAACS® Manganese Bisglycinate Chelate***)	2 mg	87%
Chromium (as Chromium Polynicotinate**)	5 mcg	14%
Potassium (as Albion® Potassium Glycinate Complex****)	10 mg	<1%
Stevia Leaf Extract	12 mg	*
ConcenTrace®**** Alfalfa (Ionic Trace Mineral Complex from the Great Salt Lake, 72 naturally occurring minerals, plus other minerals found in seawater)	3 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Xylitol, Stearic Acid, Citric Acid, Microcrystalline Cellulose, Vegetable Magnesium Stearate, Natural Fruit Punch Flavor and Silicon Dioxide.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
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SAN ANTONIO, TEXAS 78233

