

PRODUCT #04632

DIRECTIONS: For children 1-3 years of age, chew one (1) wafer daily with breakfast. For children 4-8 years of age, chew two (2) wafers daily with breakfast. Dosage may be increased as directed by a healthcare practitioner. For children ages 9 and older, **MICHAEL'S® Pre-Teen and Teen Multi Vitamins** are available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Not to be taken by pregnant or lactating women.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher.   Quatrefolic®

*** Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

**** ChromeMate® is a Lanza trademark.  CHROMEMATE®

Made in a GMP facility that processes egg, fish, milk, peanut, sesame, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

WARNING: : Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

MH MICHAEL'S® HEALTH
NATUROPATHIC PROGRAMS
SINCE 1984

Children's Chewables

Multivitamin & Mineral

Stevia Leaf Extract
Vitamin A,C,D,E
Vitamin B Complex
And More...

Dietary Supplement
120 Vegetarian Chewable Wafers



Supplement Facts

120 servings per container for children 1-3 years
60 servings per container for children 4-8 years
Serving Size

1 Wafer for children 1-3 years
2 Wafers for children 4-8 years

Amount Per Serving	1-3 years	%DV	4-8 years	%DV
Total Carbohydrates:	0.5 g	*	1.0 g	<1%*
Vitamin A (as Beta Carotene)	750 mcg	250%	1500 mcg	167%
Vitamin C (Ascorbic Acid)	50 mg	333%	100 mg	111%
Vitamin D3 (as Cholecalciferol†)	2.5 mcg	17%	5 mcg	25%
Vitamin E (as d-alpha Tocopheryl Succinate)	5 mg	83%	10 mg	67%
Thiamin (as Thiamin Hydrochloride)	1 mg	200%	2 mg	167%
Riboflavin	1 mg	200%	2 mg	154%
Niacin (as Niacinamide)	10 mg	167%	20 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	1 mg	200%	2 mg	118%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt****)	62.5 mcg	42%	125 mcg	31%
Vitamin B12 (as Methylcobalamin)	3 mcg	333%	6 mcg	250%
Biotin	22.5 mcg	281%	45 mcg	150%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	250%	10 mg	200%
Calcium (as Calcium Citrate)	50 mg	7%	100 mg	8%
Iron (as Iron Fumarate)	2.5 mg	36%	5 mg	28%
Iodine (from Kelp)	35 mcg	39%	70 mcg	47%
Magnesium (as Magnesium Citrate)	5 mg	6%	10 mg	2%
Zinc (as Zinc Oxide)	2 mg	67%	4 mg	36%
Manganese (as Manganese Sulfate)	0.5 mg	42%	1 mg	43%
Chromium (as Chromium Polynicotinate****)	10 mcg	91%	20 mcg	57%
Proprietary Blend	15.25 mg	*	30.5 mg	*
Organic Flax Seed Powder, Inositol and PABA (Para-aminobenzoic Acid)				
Stevia Leaf Extract	10 mg	*	20 mg	*

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
* Daily Value not established.

OTHER INGREDIENTS: Xylitol, Stearic Acid, Citric Acid, Natural Fruit Punch Flavor, Vegetable Magnesium Stearate, Turmeric Root Extract (color), Dicalcium Phosphate, Silica, Potassium Amino Acid Chelate, Carrot Powder (color), Natural Orange Flavor, Natural Orange Fruit Powder, Natural Strawberry Powder, Natural Vanilla Flavor.

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS
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