

PRODUCT #04003

DIRECTIONS: As a dietary supplement, take three (3) capsules in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: KEEP OUT OF REACH OF CHILDREN. Not to be taken by pregnant or lactating women.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher. 

†From Lanolin.
**Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.



Made in a GMP facility that processes egg, fish, milk, peanut, sesame, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

MH MICHAEL'S® HEALTH
NATUROPATHIC PROGRAMS
SINCE 1984

For Men
Multivitamin Capsules

Asian Ginseng Root
Saw Palmetto Berry
Vitamin A,C,D,E
And More...

Dietary Supplement
90 Vegetarian Capsules



Supplement Facts		
30 servings per container		
Serving Size	Three (3) Veggie Capsules	
Amount Per Serving	% Daily Value	
Vitamin A (as Beta Carotene)	3375 mcg	375%
Vitamin C (as Calcium Ascorbate)	225 mg	250%
Vitamin D3 (as Cholecalciferol†)	8 mcg (320 IU)	40%
Vitamin E (as d-alpha Tocopherol Succinate)	101 mg	673%
Thiamin (as Thiamin Mononitrate)	56 mg	4667%
Riboflavin	56 mg	4308%
Niacin (as Niacinamide)	113 mg	706%
Vitamin B6 (as Pyridoxine Hydrochloride)	56 mg	3294%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 56 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	51 mcg DFE	13%
Vitamin B12 (as Methylcobalamin)	375 mcg	15,625%
Biotin	375 mcg	1250%
Pantothenic Acid (as d-Calcium Pantothenate)	113 mg	2260%
Choline (as Choline Bitartrate)	113 mg	21%
Calcium (as Calcium Ascorbate)	23 mg	2%
Proprietary Blend	731 mg	*
Inositol, L-Alanine, L-Arginine, Phytosterol Blend (from Pine Tree) (70% Beta Sitosterol, 15% Campesterol, 2% Stigmasterol), Saw Palmetto Berry (Serenoa serrulata), Asian Ginseng Root (Panax ginseng), Damiana Leaf (Turnera aphrodisiaca) and Pumpkin Seed (Cucurbita pepo)		
*Daily Value not established.		

OTHER INGREDIENTS: Hypromellose(Capsule), Microcrystalline Cellulose, Vegetable Magnesium Stearate and Dicalcium Phosphate.

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233

