

**DIRECTIONS: FOR ADULTS, TAKE THREE (3) CAPLETS DAILY, PREFERABLY WITH A MEAL.**

As a reminder, discuss the supplements and medications you take with your health care providers.

◇Per 3 Caplet Serving

## Supplement Facts

Serving Size 3 Caplets

Servings Per Container 33

Amount Per Serving		%Daily Value
Total Carbohydrate	<1 g	<1%**
Dietary Fiber	<1 g	2%**
Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg (1 g)	100%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg	100%
Zinc (as Zinc Oxide and Zinc Citrate)	25 mg	167%

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, No Preservatives,  
No Sugar, No Starch, No Milk, No Lactose, No Soy,  
No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



Sundown  
Naturals®

# Calcium Magnesium AND Zinc

High Potency Formula◇

Promotes Bone Health  
& Nerve Function\*



VEGETARIAN FORMULA

100 CAPLETS

DIETARY SUPPLEMENT

Smart  
Facts

Calcium is the primary mineral responsible for strong bones.\* The body also uses Calcium for proper muscle contraction and nerve function — and obtains this Calcium from the bones when you cannot get enough calcium from your dietary intake.\* Calcium and Magnesium play essential roles in maintaining bone mineralization.\* Zinc is essential for cell division and growth.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.  
STORE AT ROOM TEMPERATURE AND  
AVOID EXCESSIVE HEAT. TAMPER  
RESISTANT: DO NOT USE IF SEAL  
UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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