PRODUCT #01059

DIRECTIONS FOR USE: Take the contents of one packet with each meal (3 packets daily). Follow this schedule for 7 days. Throughout the time you are using Michael's® 1 Week Flush" program. drink plenty of water (non-tap, distilled is best): 8 glasses or more daily. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products.

See enclosed insert for more information.

Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing. CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and

women who are pregnant or lactating.

* * * ChromeMate® and OntiZinc® are Lonza trademarks CHROMEMATE OptiZinco

****Guaulipid® is a Trademark of Sabinsa Corp. Consumer Information Services Voice Mail: 800-845-2730 www.michaelshealth.com

Made in a GMP facility that processes egg, fish, milk, peanut, sesame, shellfish, soy, tree nut and wheat products.

Certified Kosher.

Made in the U.S.A. Family owned and operated.

Supplement Your

Body's Cleansing Processes The body carries out its own spontaneous cleansing processes on a daily basis, working to eliminate toxins that we breathe, ingest or absorb from the environment as well as the toxins that form internally as by-products of natural processes such as breathing and digestion. The nutrients and herbs contained in

- Michael's® 1 Week Flush™ support detoxification and cleansing of the: Bloodstream and circulatory system[®]

 - Intestinal tract system^{*}
- Hepatic system (the liver)* Also:
 • Supports fat metabolism and fluid balancina
 •
 - An easy-to-use, comprehensive detoxification & cleansing program

MICHAEL'S® HEALTH NATUROPATHIC PROGRAMS

1 Week Flush

Supplement your body's cleansing processes*



Dietary Supplement

3 Packets Daily 84 Vegetarian Tablets Vegetable Magnesium Stearate, Silicon Dioxide and Pharmaceutical Glaze (Shellac, Povidone).

Supplement Facts
7 servings per container

Amount Per Serving Dietary Fiber	Liver Wellness™ % Daily Value		Blood Detoxification Factors** % Daily Value		Fat Metabolism Factors** % Daily Value		Fiber & More™ % Daily Value	
	Vitamin A (as Beta Carotene)	450 mcg	50%					
Vitamin E (as d-alpha Tocopheryl Succinate)	100 mg	667%						
Thiamin (as Thiamin Hydrochloride)	30 mg	2500%					Herbal	
Niacin (as Nicotinic Acid)	30 mg	188%					ingredie	ents
Vitamin B6 (as Pyridoxine Hydrochloride)					100 mg	5882%	can be	. –
Vitamin B12 (as Methylcobalamin)	300 mcg	12,500%					— found in	
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg	600%					 propriet blend. 	ary —
Choline (as Choline Bitartrate)	200 mg	36%			200 mg	36%	biciid.	
Iron (as Iron Amino Acid Chelate†)			2 mg	11%				
lodine (from Kelp)					225 mcg	150%		
Zinc (as Zinc Monomethionine * * *)			9 mg	82%				
Manganese (as Manganese Amino Acid Chelate)			6 mg	261%				
Chromium (as Chromium Polynicotinate***)					200 mcg	571%		
Molybdenum (as Molybdenum Amino Acid Chelate†)			600 mcg	1333%				
Potassium (as Potassium Amino Acid Chelate)			-		99 mg	2%		

Lecithin (from Sunflower), Inosital, Milk Thistle Flower (Trifolium pratense) and Dandelion Guagul Gum * * * * (from Comminhora Seed Husk (Plantago psyllium), Apple Fruit, Garlic Clove Extrac (Allium sativum) Pumpkin Seed (Cucurbita pena) Butternu Seed Extract (Silvhum marianum) (80% Root (Taraxacum officinale) mukul) (2.5% Guggulsterones) and Silvmarin), L-Threonine and Butternut Root Root Bark†† (Jualans cinerea), Dandelion Root (Taraxacum officinale). Marshmallow Root (Althea officinalis) and Okra Fruit Bark†† (Jualans cinerea) *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Blood Detoxification Factors™

Echinacea anaustifolia Root, Red Clover

Proprietary Blend 1.8 g (1800 mg)

appetite*

diaestion

* * Daily Value not established OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum,

†Contains sov. ††Contains tree nut.

SAN ANTONIO, TEXAS 78233

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS 6003 RANDOLPH BIVD

Liver Wellness[™]

Proprietary Blend 1.72 g (1715 mg) *

Dandelion Root (Taraxacum officinale).

PRODUCT BEST IF USED WITHIN 3 YEARS OF MFG DATE (DATE OF MANUFACTURE)

* These statements have not been evaluated by the Food and Drug Administration, These products are not intended to diagnose, treat, cure or prevent

Fat Metabolism Factors™

Proprietary Blend 1 g (1000 mg)

AWARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.cg.gov.

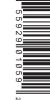
2.05 g (2048 mg)

Fiber & More

Proprietary Blend

Lecithin (from Sunflower), Inosital, Rice Bran (Oryza sativa), Flax Seed (Linum usitatissimum), Psylliun

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidenta overdose, call a doctor or poison control center immediately.



Helps cleanse the bowel

May help

decrease