PROD. NO. 1063







B12121

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Women's Multiple

Promotes Heart & Bone Health**

Dietary Supplement 60 TABLETS

Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

Amount Per Serving		%Da	ily Value
Vitamin A (as Vitamin A Palmitate and Beta-Caro	0,000 tene)	IU	200%
Vitamin C (as Ascorbic Acid and Rose Hips)	250	mg	417%
Vitamin D (as Cholecalciferol)	400	IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	125	IU	417%
Vitamin K (as Phytonadione)	150	mcg	188%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate		mg	5,333%
Riboflavin (Vitamin B-2)	80	mg	4,706%
Niacin (as Niacinamide)	80	mg	400%
Vitamin B-6 (as Pyridoxine Hydrochloride) 80	mg	4,000%
Folic Acid	400	mcg	100%
Vitamin B-12 (as Cyanocobalamin)	80	mcg	1,333%
Biotin (as d-Biotin)	80	mcg	27%
Pantothenic Acid (as d-Calcium Pantothenate)	80	mg	800%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	500	mg	50%
Dicalcium Phosphate)	-		-

Amount Per Serving	%Daily Value		
lodine (as Potassium lodide)	150	mcg	100%
Magnesium (as Magnesium Oxide)	200	mg	50%
Zinc (as Zinc Gluconate)	15	mg	100%
Selenium (as Sodium Selenate)	100	mcg	143%
Copper (as Copper Gluconate)	2	mg	100%
Manganese (as Manganese Gluconate)	5	mg	250%
Molybdenum (as Sodium Molybdate)	50	mcg	67%
Potassium (as Potassium Chloride)	10	mg	<1%
Boron (as Sodium Borate)	2	mg	
Silica (as Silicon Dioxide)	2	mg	*
Choline (as Choline Bitartrate)	10	mg	
Inositol	10	mg	*
PABA (Para-Aminobenzoic Acid)	10	mg	
Citrus Bioflavonoid (Citrus sinensis) (fruit)	25	mg	
Royal Jelly	5	mg	*
Bee Pollen	25	mg	*
Dong Quai (Angelica sinensis) (root)	50	mg	*
Yarrow (Achillea millefolium) (flower)	2	mg	*

Amount Per Serving	7	%Daily V	alue
Garlic (Allium sativum) (bulb)	10	mg	•
Red Raspberry (leaf)	2	mg	*
Cranberry (fruit)	25	mg	
Red Clover (Trifolium pratense) (flower)	25	mg	*
Wild Yam (Dioscorea villosa) (root)	15	mg	*
Vitex Extract (Vitex agnus castus) (fruit)	15	mg	*
Chamomile (Matricaria recutita) (aerial)	15	mg	
Soy Isoflavones	5	mg	
Ipriflavone	25	mg	*
Barley Grass	5	mg	,
Hesperidin (Citrus spp.) (fruit)	5	mg	,
Betaine Hydrochloride	25	mg	
Coenzyme Q-10	500	mcg	
Pycnogenol® (Pinus pinaster) (Maritime Pine Bark Extract)	500	mcg	*
Alpha Lipoic Acid	10	mg	*
Lycopene (from Tomato)	1	mg	

Other Ingredients: Hypromellose, Cellulose (Plant Origin), Mannitol, Vegetable Magnesium Stearate, Cellulose Coating, Povidone, Gelatin, Maltodextrin,

Directions: For adults, take two (2) tablets daily, preferably with a meal. If you have never taken bee products, start with a small serving per day and increase gradually in order to assess whether you are allergic. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilson's disease or are allergic to ragweed, daisy-like flowers, bees or bee products. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by versons under the age of 18.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #5,720,956 / #6,372,266 and other international patents.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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