Superior quality whole food nutrition, since 1958

# 3-Day Detox

Cleanse | Balance | Energize

NEOLIFE

**Dietary Supplement:** 1 set of 3-Day Detox blister cards
2 NeoLifeShake packets • 3 NeoLifeTea sticks

## Day 1 and Day 2 NeoLife Detox

### Supplement Facts

Serving Size: 1 Set

| | AM | PM |
|---|---|---|
| **Amount Per Serving** | **% Daily Value** | **% Daily Value** |
| Vitamin A (as beta-carotene from carrot dextrose) (Source carrots root) | 3750 mcg (7500 IU) | 250% |
| Vitamin C (as ascorbic acid) | 24 mg | 30% |
| Vitamin E (as d-alpha tocopherol) | 16.75 mg (25 IU) | 111% |
| Riboflavin (as riboflavin and from yeast) | 0.6 mg | 52% |
| Niacin (as niacinamide) | 8 mg | 50% |
| Vitamin $B_6$ (as pyridoxine hydrochloride and from yeast) | 1.5 mg | 86% |
| Magnesium (oxide) | 130 mg | 35% |
| Iodine (from kelp) | 0.6 mg | 40% |
| Zinc (oxide) | 11 mg | 80% |
| Selenium (from yeast) | 100 mcg | 186% |
| Chromium (from yeast) | 60 mcg | 143% |
| Lemon pectin | 5 mg | |
| Mixed non-alpha-tocopherol | 4.5 mg | |
| **Herbal Blend** | | 600 mg |
| Alfalfa (whole) (Source Classic animal feed) (standardized to 2.5 mg total xanthophylls, 5 carotenes powder (Dunaliella salina) fruit, Picrorrhiza (Kutki), Wolfberry (Medicinal salvia herb), Buckthorn extract (Rhamnus frangula Bark) (10:1 for glucoth angulosa), Rhubarb powder (Rheum officinale) root), Asparagus powder (Asparagus officinalis (shoot), Prune powder (Prunella vulgaris) herb | | 240 mg |
| **Digestive Blend** | | 240 mg |
| Garlic extract, citrus pulp, Aloe extract (Aloe vera) (diffuse coat) Bulb, Lees powder (Allium sativum) bulb, Onion extract (Allium cepa) (cotyledon) Bulb | | |

† Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, sodium croscarmellose, silicon dioxide, hydroxypropyl methylcellulose, magnesium stearate, natural mint extract, ethyl cellulose, calcium carbonate, sorbitol, glycerin, medium chain triglycerides, rosemary extract, sucralose, arginine and citric acid.

## Day 4 - 7 NeoLife Detox

### Supplement Facts

Serving Size: 1 Set

| | AM | PM |
|---|---|---|
| **Amount Per Serving** | | |
| **Lactobacillus Plus Proprietary Blend** | 50 mg | 50 mg † |
| Lactobacillus acidophilus, Lactobacillus delbrueckii (bulgaricus, Lactobacillus paracasei, Bifidobacterium animalis, Bifidobacterium thermophilum | | |

† Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, calcium carbonate and nonfat milk.

## Day 3 NeoLife Detox

### Supplement Facts

Serving Size: 1 Set

| | AM | PM |
|---|---|---|
| **Amount Per Serving** | **% Daily Value** | **% Daily Value** |
| Vitamin A (as beta-carotene from carrot dextrose) (Source carrots root) | 3750 mcg (7500 IU) | 250% |
| Vitamin C (as ascorbic acid) | 24 mg | 30% |
| Vitamin E (as d-alpha-tocopherol) | 16.75 mg (25 IU) | 111% |
| Riboflavin (as riboflavin and from yeast) | 0.6 mg | 52% |
| Niacin (as niacinamide) | 8 mg | 50% |
| Vitamin $B_6$ (as pyridoxine hydrochloride and from yeast) | 1.5 mg | 86% |
| Magnesium (oxide) | 130 mg | 35% |
| Iodine (from kelp) | 0.6 mg | 40% |
| Zinc (oxide) | 11 mg | 80% |
| Selenium (from yeast) | 100 mcg | 186% |
| Chromium (from yeast) | 60 mcg | 143% |
| Lemon pectin | 5 mg | |
| Mixed non-alpha-tocopherol | 4.5 mg | |
| **Lactobacillus Plus Proprietary Blend** | 50 mg † | 50 mg † |
| Lactobacillus acidophilus, Lactobacillus delbrueckii bulgaricus, Lactobacillus paracasei, Bifidobacterium animalis, Bifidobacterium thermophilum | | |

† Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, dicalcium phosphate, stearic acid, hydroxypropyl methylcellulose, maltodextrin, sodium croscarmellose, silicon dioxide, magnesium stearate, natural mint extract, calcium carbonate, glycerin, and nonfat milk. Contains milk.

## NeoLifeTea

### Supplement Facts

Serving Size: 1/3 Stick (1.6 g) makes 8 fl. oz.

| | Amount Per Serving | % Daily Value |
|---|---|---|
| Calories | 5 | |
| Total Carbohydrate | 1 g | <1%** |
| Total Sugars | 1 g | |
| Includes 1 g Added Sugars | | 2%* |
| **NeoLife Energy Blend** | 981 mg | |
| Camellia sinensis extract (green tea, black tea, white tea leaf), Natural caffeine, Green tea extract (leaf). Contains 6% mg caffeine. | | |
| **NeoLife Adaptogenic Blend** | 55 mg | † |
| Panax ginseng (extract root), Cordyceps (mycelia extract root), Rhodiola rosea extract (rhizome) | | |

* Daily Value based on a diet of 2,000 calories a day.
† Daily Value not established.
** 1% Daily Value (DV) is less than 1 mg of total carbohydrate based on a daily diet. 2,000 calories a day is used for general nutrition advice.

## NeoLifeShake

### Nutrition Facts

2 servings per box
Serving size 1 packet
Approximately 2 packets per container

| | Vanilla | Chocolate |
|---|---|---|
| | 43 g | 45 g |
| **Calories** | **140** | **140** |
| | % Daily Value** | % Daily Value** |
| **Total Fat** | 1.5 g | 2% |
| Saturated Fat | 0 g | 2% |
| Trans Fat | 0 g | |
| **Cholesterol** | 0 mg | 0% |
| **Sodium** | 370 mg | 16% |
| **Total Carbohydrate** | 16 g | 6% |
| Dietary Fiber | 3 g | 20% |
| Total Sugars | 11 g | |
| Includes Added Sugars | 5 g | 10% |
| **Protein** | 14 g | 28% |
| **Vitamin D** | 3.4 mcg (135 IU) | 25% |
| **Calcium** | 310 mg | 23% |
| **Iron** | 6.3 mg | 35% |
| **Potassium** | 440 mg | 10% |
| **Vitamin A** | 375 mcg (1250 IU) | 42% |
| **Vitamin C** | 21 mg | 25% |
| **Vitamin E** | 16.75 mg (25 IU) | 111% |
| **Thiamin** | 0.53 mg | 45% |
| **Riboflavin** | 0.59 mg | 45% |
| **Niacin** | 7 mg | 45% |
| **Vitamin $B_6$** | 0.7 mg | 40% |
| **Folate** | 233 mcg DFE (140 mcg folic acid) | 58% |
| **Vitamin $B_{12}$** | 1.1 mcg | 46% |
| **Biotin** | 18 mcg | 60% |
| **Pantothenic acid** | 2.1 mg | 42% |
| **Choline** | 10 mg | 2% |
| **Phosphorus** | 300 mg | 30% |
| **Magnesium** | 142 mg | 33% |
| **Iodine** | 50 mcg | 33% |
| **Zinc** | 5.3 mg | 30% |
| **Selenium** | 24.5 mcg | 45% |
| **Copper** | 0.7 mg | 80% |
| **Manganese** | 0.7 mg | 30% |
| **Chromium** | 42 mcg | 120% |
| **Molybdenum** | 26 mcg | 58% |

* Daily Value (DV) is the recommended amount of a nutrient to be consumed daily within a specified time (usually one day) based on a reference diet of 2,000 calories a day.
** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**VANILLA - INGREDIENTS:** **NeoLife proprietary protein blend** (pea protein isolate, rice protein, whey protein isolate and calcium sulfate (sweeteners), fructose, **NeoLife proprietary fiber blend** (soy fiber, oat fiber, inulin/oligofructose fiber and guar gum), natural flavors, soy lecithin, dicalcium phosphate, potassium chloride, sodium chloride, magnesium oxide, ferrous fumarate, zinc oxide, cupric sulfate (stabilizers), and mixed tocopherols), cocoa, **Non-Pico Concentrate** (orange juice powder, vitamin C (ascorbic acid), orange peel powder and citrus bioflavonoids), natural flavors, xanthan gum, sucralose, potassium citrate, citric acid, tricalcium phosphate, salt, selenium yeast, beta-carotene, algal lipids, escharotic, vitamin A palmitate, calcium pantothenate, **Multi Enzyme Blend** (bromelain, papain and malt diastase), vitamin $B_1$, pyridoxine hydrochloride, vitamin $B_2$ (cyanocobalamin), riboflavin, thiamine hydrochloride, folic acid and biotin.

**CHOCOLATE - INGREDIENTS:** **NeoLife proprietary protein blend** (pea protein isolate, rice protein, whey protein isolate and calcium sulfate (sweeteners), fructose, **NeoLife proprietary fiber blend** (soy fiber, oat fiber, inulin/oligofructose fiber and guar gum), cocoa powder, natural flavors, soy lecithin, dicalcium phosphate, potassium chloride, caffeine (d, sodium chloride, magnesium oxide, zinc oxide, ferrous, vitamin E (d-alpha-tocopherol and mixed tocopherols), **Non-Pico Concentrate** (orange juice powder, vitamin C (ascorbic acid), orange peel powder and citrus bioflavonoids), natural flavors, xanthan gum, sucralose, potassium citrate, citric acid, tricalcium phosphate, salt, selenium yeast, beta-carotene, algal lipids, escharotic, vitamin A palmitate, calcium pantothenate, **Multi Enzyme Blend** (bromelain, papain and malt diastase), vitamin $B_1$, pyridoxine hydrochloride, vitamin $B_2$ (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

**Contains soy and milk.**

**Additional Nutritional Information:** (per Serve)
Non-Pico Concentrate 25 mg
Inositol 50 mg

**DISTRIBUTED BY:**
Neo Life International, LLC
Santa Clara, CA 95054 U.S.A.
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Leading edge nutrition since 1958
Based in Nature, Backed by Science
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NOTICE: This product contains soybean, wheat, lactoferrin, lactose and rhubarb root. Read and follow the directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because such bowel conditions and rhubarb root may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, or taking medications, or have a medical condition.

NeoLifeDetox.com

Dear Body,

I know I often compare you to what's on TV and in super photoshopped ads but today I commit to

having the strength to be my best. Not just anyone, but the best version of me. Because

this world tries desperately to make us feel unworthy and not good enough, but my self worth isn't

determined by others. I will celebrate both your toned and your squishy parts. I will work out

whole food nutrition. Human food can nourish, heal, and transform. Because I love you, and I love

Now let's cleanse, balance and energize the healthy way!

Sincerely,

Self