



**CATALO**

**Women's Evening Primrose Oil**

Extra Strength Formula

**Menstrual Relief\***

**Promote Skin Quality\***

**45 Softgels**

DIETARY SUPPLEMENT

**MENSTRUAL RELIEF**

**CATALO Women's Evening Primrose Oil Extra Strength Formula** is produced from cold pressed evening primrose oil by special technology. A serving provides a high concentration of 3900mg evening primrose oil. It contains the essential fatty acids, Linoleic Acid (LA) and Gamma-Linolenic Acid (GLA). Evening Primrose Oil can relieve symptoms associated with female menstrual discomfort, improve skin quality and promote cardiovascular health.

#### Main Functions:

- Relieve menstrual discomfort, such as irritable bowels
- Rehydrate skin and promote healthy glazing skin
- Promote heart and cardiovascular health

**Suitable for: Menstrual discomfort (e.g. easily irritated), improve skin quality or dry skin, concerned about cardiovascular health**



**CATALO**

**Women's Evening Primrose Oil**

Extra Strength

**女士月見草油精華特強配方**

**Menstrual Relief**

**Promote Skin Quality**

Contain Gamma-Linolenic Acid\*

Promote wellbeing of women

Cold pressed oil

**45 Softgels**

DIETARY SUPPLEMENT

**MENSTRUAL RELIEF**

| Nutrition Information             |     |                   |     |
|-----------------------------------|-----|-------------------|-----|
| Serving Size: 3 Softgels (5355mg) |     |                   |     |
| Servings Per Container: 15        |     |                   |     |
| Amount Per Serving                |     |                   |     |
| Natural Evening Primrose Oil      |     | 3900mg            |     |
| - Gamma-Linolenic Acid (GLA)*     |     | 351mg             |     |
| - Linoleic Acid (LA)              |     | 2847mg            |     |
| Energy (kcal)                     | 40  | Carbohydrates (g) | 0.5 |
| Total Fat (g)                     | 3.9 | - Sugars (g)      | 0   |
| - Saturated Fat (g)               | 0.4 | Protein (g)       | 0.8 |
| - Trans Fat (g)                   | 0   | Sodium (mg)       | 0   |

|                    |                                                                                                                                                |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| Serving Directions | For normal dosage, take 1 softgel daily. For during menstruation, take 2-3 softgels daily. Take after meal                                     |
| Ingredients        | Natural Evening Primrose Oil (Standardized 9% GLA)<br>Other Ingredients: Gelatin (Softgel), Humectant (Glycerin), Purified Water. Contains Soy |
| Storage            | Keep in a dry and cool place. Avoid direct sunlight                                                                                            |
| Net Weight         | 80g (1785mg x 45 softgels)                                                                                                                     |

#### Made in USA

Manufactured by cGMP certified facility for CATALO Natural Health USA Inc. City of Industry, CA 91748, USA

Asia-Pacific Distributor: CATALO Natural Health Foods  
7/F, 81 Hung To Rd., Hong Kong

Customer Hotline: (852) 3556 8686

**CATALO.COM**



Product Code  
**3209**

**美國家得路女士月見草油精華特強配方**  
選用優質天然月見草，經獨特先進冷壓科技提煉，有效保留其有效活性成分。每食用份量提供3900毫克高純度天然月見草油精華，包括亞麻油酸(LA)及伽瑪次亞麻油酸(GLA)兩種人體必須脂肪酸，易被人體消化吸收，大大提升功效。月見草油精華能有效紓緩女性週期困擾，減少精神疲倦、緊張和壓力情況及其他週期不適問題，保持容光煥發、精力充沛，同時能保持皮膚年輕嫩滑，確是女性恩物。

#### 主要功效：

- 有效紓緩女性週期及更年期困擾
- 紓緩其他週期不適
- 保持細胞健康，令皮膚更滋潤嫩滑
- 保持心腦血管健康

**適用人士：受天然週期不適困擾的女士，希望改善皮膚質素，皮膚乾燥容易過敏，關注心腦血管健康**

|        |                                                       |
|--------|-------------------------------------------------------|
| 建議食法   | 保健食法：每天1粒。經期食法：每天2-3粒。請於餐後服用                          |
| 成份     | 天然月見草油精華(標準化9%GLA)<br>其他成份：骨膠原膠囊(明膠)，水分保持劑(甘油)，淨水。含大豆 |
| 保存方法   | 請放於乾燥及陰涼地方，避免陽光直接照射                                   |
| 內容量    | 80克(1785毫克 x 45粒)                                     |
| 此日期前最佳 | 如盒所標示(日月年)                                            |

**美國 家得路 客戶服務熱線：(852) 3556 8686**

**網頁：CATALO.COM**

**產品編號 3209**

| 營養資料                 |        |
|----------------------|--------|
| 食用份量：3粒(5355毫克)      |        |
| 每包裝所含食用份量：15         |        |
| 每食用份量                |        |
| 天然月見草油精華 (標準化9% GLA) | 3900毫克 |
| - γ-次亞麻油酸 (GLA)*     | 351毫克  |
| - 亞麻油酸 (LA)          | 2847毫克 |
| 能量(千卡)               | 40     |
| 蛋白質(克)               | 0.8    |
| 總脂肪(克)               | 3.9    |
| -飽和脂肪(克)             | 0.4    |
| -反式脂肪(克)             | 0      |
| 碳水化合物(克)             | 0.5    |
| -糖(克)                | 0      |
| 鈉(毫克)                | 0      |