### CATALO Women's Plant- Based Multi Nutrients

is designed to meet the specific needs and nuances of today's women. It offers today's women a unique nutritional health supplement for a great physical outlook, maintaining a healthy wellbeing, reducing stress and fatigue, and remaining active all day, every day. \* The formula is made from plant based ingredients that are highly bioactive that help to improve the women's body, skin, nails.\*



# **WOMEN'S** PLANT-BASED **MULTI NUTRIENTS** SOURCED FROM WHOLEFOODS

## Health and Beauty from within

CAre, viTAlity, LOngevity. This is what CATALO stands for. It is our philosophy that true health and beauty radiates from within and we are committed to understanding your health needs and enhancing health through superior natural health supplements that nourish your body.



Organic Lemon Peel Extract certified organic by Oregon Tilth Certified Organic (OTCO)

Aquamin™ is a trademark of Marigot Ltd

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





SCAN and Discover More About This Product!

#### Made in USA

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Manufactured by cGMP certified facility for CATALO Natural Health USA Inc. City of Industry, CA 91748, USA 1-800-900-8801



Product Code 3375



- Come from Real Foods
- Reduce Stress & Fatigue\*
- Radiant Skin & Strong Nails\*
- Promote Reproductive Health\*









It all begins with care - a healthy body is vital for a happy life - and by embracing all the goodness that nature has, we are proud to offer this wholesomeness direct to you and your family.

When it comes to our products, we make no compromises. We are committed to delivering premium quality products that contains natural, high efficacy, high potency and safe ingredients which will provide the health benefits to our customers. We care because we treat your health as if it were our own.

### **Nutrition Information**

Serving Size: 2 Capsules (1592mg) Servings Per Container: 30

Amount Per Serving				
Natural Whole Foods Nutrients Blend			588mg	
Vitamin A	450mcg	Biotin	80mcg	
Vitamin E	13mg	Pantothenic Acid	16mg	
Vitamin B1	4mg	Choline	60mg	
Vitamin B2	5mg	Iron	6mg	
Vitamin B3	16mg	Selenium	70mcg	
Vitamin B6	4mg	Copper	500mcg	
Vitamin B12	30mcg	Manganese	2mg	
Vitamin C (from Natural Acerola Cherry Extract)	60mg	Calcium (from Natural Sea Algae)	45mg	
Vitamin D3 (from Natural Lichen)	5mcg	lodine (from Kelp)	50mcg	
Folic Acid (from Organic Lemon Peels)	400mcg	Zinc (from Natural Zinc Amino Acid Chelate)	5mg	
Energy (kcal)	5	Carbohydrates (g)	0.8	
Total Fat (g)		- Sugars (g)	0.0	
- Saturated Fat (g)	0.0	Protein (g)	0.3	
- Trans Fat (g)	0	Sodium (mg)	2.4	

Serving Directions	For adults, take 2 capsules daily after meal.	
Ingredients	Natural Whole Foods Nutrients Blend, Natural Acerola Cherry Extract, Natural Sea Algae, Natural Zinc Amino Acid Chelate, Natural Organic Fruit & Veggie Blend (Apple, Kale, Broccoli, Spinach, Carrot, Parsley, Beet, Green Cabbage, Blueberry, Raspberry, Strawberry, Tornato), Kelp, Organic Lemon Peels, Natural Lichen Other Ingredients: Plant Capsule (Water Soluble Plant Polysaccharides), Thickener (Rice Flour), Bulking Agent (Rice Bran Extract), Anticaking Agent (Rice Hulls), Purified Water. Contains Soy.	
Storage	Keep in a dry and cool place. Avoid direct sunlight	
Net Weight	47.8g (796mg x 60 capsules)	
Best Before 此日期前最佳	Shown on Box (End MM/YYYY) (月/年底)	

This product is made from natural sources and may have color variation. This is a normal phenomenon and does not affect product quality. This package updated in July 2019.

Asia-Pacific Distributor: CATALO Natural Health Foods 5/F, Suite C-D, 15 Cheung Shun St., Hong Kong Customer Hotline: (852) 3556 8686

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