



CATALO
Vegetarian
Folic Acid
Chewable Formula
Organic Lemon Peel
60 Chewable Tablets
DIETARY SUPPLEMENT
BEFORE, DURING & AFTER Pregnancy

CATALO Vegetarian Folic Acid from Organic Lemon Peel Chewable Formula is made from organic whole lemon peel grown on certified organic farm by advanced technology to ensure its purity and bioavailability. Hence, it encourages high absorbability and efficacy. Each tablet provides 600mcg natural folic acid and bioflavonoids, which reaches the Recommended Daily Intake from U.S. National Institute of Health (NIH).¹ It is an ideal dietary supplement for pregnant and lactating women. Research has shown that adequate intake of folic acid, which is also known as Vitamin B9, is vital for healthy pregnancy.* Specially designed for prenatal women with small chewable tablet and no added sugar.

Main Functions:

- Supply natural bioactive folic acid to promote healthy pregnancy
- Promote normal fetal brain nervous system and spinal cord development
- Support healthy fetal development

Suitable for: Women preparing for pregnancy, pregnant and lactating women



CATALO
Vegetarian
Folic Acid
Chewable Formula
孕婦天然葉酸有機檸檬咀嚼片
Organic Lemon Peel
Folic Acid 600mcg per serving
Pure, fresh, vegetarian and bioactive
Vital support for healthy pregnancy
BEFORE, DURING & AFTER Pregnancy
60 Vegetarian Chewable Tablets
DIETARY SUPPLEMENT
CERTIFIED ORGANIC INGREDIENTS

Nutrition Information			
Serving Size: 1 Chewable Tablet (295 mg)			
Servings Per Container: 60			
Amount Per Serving			
Orgen-FA™ Organic Lemon Peel Extract			12mg
- Natural Folic Acid			600mcg
Energy (kcal)	1	Carbohydrates (g)	0.4
Total Fat (g)	0	- Sugars (g)	0.0
- Saturated Fat (g)	0	Protein (g)	0.0
- Trans Fat (g)	0	Sodium (mg)	0
Serving Directions	For women preparing to have baby, pregnant and lactating women: Take 1 tablet daily.		
Ingredients	Organic Lemon Peel Extract Other Ingredients: Organic Tapioca Maltodextrin, Organic Rice Hulls, Organic Rice Extract, Thickener (Organic Gum Arabic), Organic Sunflower Oil		
Storage	Keep in a dry and cool place. Avoid direct sunlight		
Net Weight	17.7g (295mg x 60 chewable tablets)		

This product is made from natural sources and may have color variation. This is a normal phenomenon and does not affect product quality.

1: U.S. Department of Health & Human Services, National Institutes of Health
* Scholl T.O. and Johnson W.G. (2000) Am J Clin Nutr, 71 (suppl), 1295S-1303S

Certified organic by
Oregon Tilth Certified Organic (OTCO)



Made in USA

Manufactured by cGMP certified facility for CATALO Natural Health USA Inc.
City of Industry, CA 91748, USA

Asia-Pacific Distributor: CATALO Natural Health Foods
5/F, Suite C-D, 15 Cheung Shun St., Hong Kong
Customer Hotline: (852) 3556 8686

CATALO.COM

Product Code
3362

美國家得路孕婦天然葉酸有機檸檬咀嚼片 特選有機認證無污染種植的新鮮檸檬，經高科技製成的Orgen-FA™天然有機檸檬皮精華，蘊含活性天然有機葉酸及生物類黃酮，不含化學成份，易被人體吸收，不會對身體造成負擔。每片提供600微克天然有機葉酸，達到每日建議份量¹，滿足準媽媽及餵哺中媽媽對葉酸的每日所需。葉酸又名維他命B9，於懷孕前三個月開始及懷孕期間攝取足夠葉酸尤其重要，有助促進懷孕健康*及胎兒腦部神經系統及脊椎正常發展。無糖小型咀嚼片設計，照顧不想吞服丸裝食品的準媽媽，輕鬆補充懷孕所需營養。

主要功效：

- 補充計劃生育，懷孕期間及喂哺中媽媽所需的天然葉酸
- 增強胎兒腦部神經系統及脊椎正常發展
- 幫助胎兒健康發育

適用人士：計劃生育、懷孕及餵哺中婦女

建議食法	計劃生育、懷孕及餵哺中婦女: 每天1次，每次1粒
成份	天然有機檸檬皮精華 其他成份：有機木薯麥芽糖糊精，有機稻穀，有機大米提取物，增稠劑（有機阿拉伯樹膠），有機葵花籽油
此日期前最佳	如盒所標示（日月年）
保存方法	請放於乾燥及陰涼地方，避免陽光直接照射
內容量	17.7克（295毫克 x 60粒）

此產品源自天然成份，顏色深淺略有差異或變化屬正常現象，不影響產品質素。

美國 CATALO 客戶服務熱線：(852) 3556 8686
網頁：CATALO.COM

產品編號 3362

營養資料	
食用份量：1粒（295毫克） 每包裝所含食用份量：60	
每食用份量	
Orgen-FA™天然有機檸檬皮精華	12毫克
-天然葉酸	600微克
能量（千卡）	1
蛋白質（克）	0.0
總脂肪（克）	0
-飽和脂肪（克）	0
-反式脂肪（克）	0
碳水化合物（克）	0.4
-糖（克）	0.0
鈉（毫克）	0